

March 2024 — KVIEHD Programs Alpha Order All Broadcasts Page 1 of 9

Created 2/01/24. Occasionally, KVIE makes changes to its schedule that would cause some of the below information to change.

Please visit kvie.org/schedule for the most up-to-date information.

3 Steps to Inner Wisdom 3/10 7AM

5 Minute Yoga Fix with Peggy Cappy 3/17:30PM

'70's Soul Superstars (My Music) 3/8 8:30PM

Agatha Christie: Lucy Worsley on the Mystery Queen Cat Among The Pigeons #101 3/13 2AM, 3/24 Mid Aging Backwards 2 with Miranda Esmonde-White 3/25 1:30AM

Aging Backwards 3 with Miranda Esmonde-White 3/3 6AM, 3/7 3:30PM, 3/8 5AM, 3/8 7:30PM, 3/14 3AM **Alice & Jack On Masterpiece** *Episode 1* #5417 3/17 10PM *Episode 2* #5418 3/24 10PM *Episode 3* #5419 3/31 10PM

All Creatures Great and Small On Masterpiece Broodiness #5407 3/3110AM Carpe Diem #5408 3/3111:15AM Right Hand Man #5409 3/3112:30PM By The Book #5410 3/311:45PM Papers #5411 3/31 3PM The Home Front #5412 3/31 4:15PM On A Wing and a Prayer #5413 3/31 6:30PM

All Creatures Great and Small: Touring The Dales 3/41:30PM, 3/10 9PM, 3/152:30AM

All New Rock, Pop and Doo Wop (My Music Presents) 3/6 8:30PM, 3/10 11:30AM

Alma's Way Steggie Rescue/Alma Hits The Right Note #122 3/17:30AM Alma The B-Girl/Happy Chacho Day #211 3/47:30AM, 3/197:30AM The Missing Vote/Alma's Lemonade and Everything Stand #205 3/57:30AM, 3/117:30AM, 3/297:30AM Howard Brings The Beat/Alma's Payday #203 3/67:30AM, 3/217:30AM A Tale of Two Almas/The Longest Race #201 3/77:30AM, 3/127:30AM, 3/257:30AM Goodbye, Howard!/Re-Use Re-Do #214 3/87:30AM, 3/137:30AM Alma The Artist/Bomba Or Baseball #102 3/147:30AM Alma's Movie Night/Papi The Hero #103 3/157:30AM Beatbox Big Time/Super Sisters #110 3/187:30AM Chacho Gets A Bath/Frankie's Four Feet #128 3/207:30AM Piragua Problem / Balloon Blues #210 3/227:30AM Doggone Sox/Alma Spells It Out #104 3/267:30AM Justice Sonia and Judge Alma / Justice Sonia and Umpire Alma #207 3/277:30AM Alma Picked A Pepper/The Alma Train #125 3/287:30AM

Amanpour and Company #6175 3/1 11PM #6176 3/4 11PM #6177 3/5 11PM #6178 3/6 11PM #6179 3/7 11PM #6180 3/8 11PM #6181 3/11 11PM #6182 3/12 11PM #6183 3/13 11PM #6184 3/14 11PM #6185 3/15 11PM #6186 3/18 11PM #6187 3/20 Mid #6188 3/20 11PM #6189 3/21 11:03 PM #6191 3/25 12:30 AM #6192 3/26 11PM #6193 3/27 11PM #6194 3/28 11PM

American Experience The Sun Queen #3505 3/12 9PM The Cancer Detectives #3603 3/26 9PM American Masters Flannery #3308 3/21 9:36PM Roberta #3505 3/28 9:33PM Moynihan #3605 3/29 9PM American Pop Flashback! Great Hits of the '60s & '70s 3/10 4PM

America's Heartland #1302 3/11 7PM, 3/12 4PM, 3/16 4PM #1303 3/18 7PM, 3/19 4PM, 3/23 4PM #1304 3/25 7PM, 3/26 4PM, 3/30 4PM

America's Home Cooking: Easy Recipes for Thrifty Cooking 3/27 1:30AM

America's Home Cooking: Gadgets & Gizmos 3/7 1:30PM, 3/8 Mid

America's Home Cooking: When In Rome 3/2 9AM

America's Test Kitchen Chocolate Tart and Ice Cream #2311 3/9 10AM Breakfast Baking #2220 3/11 1:30PM Turkey Two Ways #2201 3/11 2:30PM Plant-Based Perfection #2202 3/12 2:30PM French Chicken and Potatoes #2203 3/13 2:30PM Prime Rib and Popovers #2204 3/14 2:30PM Bulgogi and Bokkeumbap #2205 3/15 2:30PM Parathas and Pakoras #2316 3/16 10AM #2408 3/17 9AM Pork Chops and Blondies #2221 3/18 1:30PM Jewish Baking #2206 3/18 2:30PM Shrimp, Fast and Slow #2207 3/19 2:30PM Italian-Inspired Dinners #2208 3/20 2:30PM Irish Staples #2209 3/21 2:30PM Shareable Spanish Fare #2210 3/22 2:30PM Seafood Feast #2317 3/23 10AM #2409 3/24 9AM Flavor-Packed Chicken Dinner #2222 3/25 1:30PM Holiday Dessert and Salad #2211 3/25 2:30PM Vindaloo and Chana Masala #2212 3/26 2:30PM Springtime Feast #2213 3/27 2:30PM Ode to Armenia #2214 3/28 2:30PM Breakfast with a Kick #2215 3/29 2:30PM Spring Chicken Dinner #2318 3/30 10AM #2410 3/31 9AM

Antiques Roadshow LSU Rural Life Museum Hour 2 #2808 3/11 8PM, 3/12 3PM, 3/15 8PM Philbrook Museum Hour 1 #2310 3/18 8PM, 3/19 3PM Churchill Downs Racetrack Hour 3 #2315 3/22 8PM LSU Rural Life Museum Hour 3 #2809 3/25 8PM, 3/26 3PM, 3/29 8PM Birmingham, Hour Three #1912 3/25 9PM

Armenia, My Home 3/4 9:30PM, 3/10 5:30AM, 3/28 3AM

Ask This Old House Invasive Plants, Bidet Toilet #2215 3/14 7:30PM, 3/16 9:30AM Wildfire Mitigation #2216 3/21 7:30PM, 3/23 9:30AM Shade Sail, Concrete Walkway #2217 3/28 7:30PM, 3/30 9:30AM

As Time Goes By The Bypass #151 3/16 7PM Too Old.... Or Too Nosy #152 3/16 7:30PM The Old Folks' Party



March 2024 — KVIEHD Programs Alpha Order All Broadcasts Page 2 of 9

Created 2/01/24. Occasionally, KVIE makes changes to its schedule that would cause some of the below information to change.

Please visit kvie.org/schedule for the most up-to-date information.

#153 3/23 7PM The Proposal #154 3/23 7:30PM A Deeply Personal Problem #155 3/30 7PM Animal Magnetism #156 3/30 7:30PM

Atlantic Crossing On Masterpiece The Attack #5119 3/16 10PM The Throne #5120 3/23 10PM Crossing The Atlantic #5121 3/30 10PM

Austin City Limits The War On Drugs #4810 3/16 11PM Nathaniel Rateliff & The Night Sweats/Adia Victoria #4808 3/23 11PM Brandy Clark/Charley Crockett #4705 3/30 11PM

A Wild Independence: ViewFinder #2902 3/13 7PM, 3/15 4PM, 3/16 7:30AM, 3/17 6:30PM

Baking with Julia #109 3/17 10:30AM Program 10 #110 3/24 10:30AM

Barbra Streisand: Back to Brooklyn 3/1 Mid, 3/18 Mid

BBC News America #188 3/1 5:30PM #189 3/4 5:30PM #190 3/5 5:30PM #191 3/6 5:30PM #192 3/7 5:30PM #193 3/8 5:30PM #194 3/11 5:30PM #195 3/12 5:30PM #196 3/13 5:30PM #197 3/14 5:30PM #198 3/15 5:30PM #199 3/18 5:30PM #200 3/19 5:30PM #201 3/20 5:30PM #202 3/21 5:30PM #203 3/22 5:30PM #204 3/25 5:30PM #205 3/26 5:30PM #206 3/27 5:30PM #207 3/28 5:30PM #208 3/29 5:30PM

Becoming Frederick Douglass 3/13:30AM

Bee Gees: In Our Own Time 3/2 8:30PM

Before Stage Four: Confronting Early Psychosis 3/317:30AM

Biz Kid\$ Economic Cycles (What Goes Up Must Come Down) #208 3/17 8:30AM The Green Economy & You #209 3/24 8:30AM Secrets to Success #210 3/31 8:30AM

Bob Dylan - Live In Newport 1963-1965 3/10 4AM, 3/11 12:30AM, 3/17 Mid, 3/29 3AM

Breakfast with the Bread Monk $\,$ 3/3 4:30AM, 3/5 3PM, 3/11 3:30AM, 3/18 2AM, 3/29 4:30AM

Bringing It Home with Laura McIntosh Watermelon #208 3/16 4:30PM

Build A Better Memory Through Science 3/9 6:30AM, 3/15 4:30AM, 3/23 2:01AM, 3/30 12:30AM

Call the Midwife Season 13, Episode 1 #1301 3/17 8PM Season 13, Episode 2 #1302 3/24 8PM Season 13, Episode 3 #1303 3/31 8PM

Carole King & James Taylor: Just Call Out My Name 3/210:30PM

Celebrating PBS Newshour! 3/1 2AM, 3/2 4:30AM, 3/23 4AM

Celebrity Antiques Road Trip Ainsley Harriott and Anne Diamond #405 3/11 3PM Brian Cox Cbe and Philip Jackson #406 3/18 3PM Esther Rantzen Cbe and Rebecca Wilcox #407 3/25 3PM

Changing Seas #1503 3/16 3:30PM #1504 3/23 3:30PM

Charley Crockett: Live from the Ryman 3/9 4:30AM

Chic Featuring Nile Rodgers Jazz a Vienne 3/2 Mid, 3/7 2:30AM

Christopher Kimball's Milk Street Television One-Dish Skillet Dinners #712 3/9 11:15AM Paris: Bahn Mi, Pork Rice Bowls and Vietnamese Wings #721 3/16 11AM Favorite Italian Classics #722 3/23 11AM Korean Fried Chicken #723 3/30 11AM

Ciao Italia Pesto Pairings #3006 3/15 1:30PM Make Pizza with a Friend #3007 3/22 1:30PM Celebration Cake #3008 3/29 1:30PM

Classical Stretch: By Essentrics Waist Slenderizing #1219 3/1 6AM Feet Strengthening #1220 3/4 6AM Connective Tissue #1221 3/5 6AM Hip & Glute Flexibility #1222 3/6 6AM Stretch Your Spine #1223 3/7 6AM Upper Body Pain Relief #1224 3/8 6AM Balance #1225 3/11 6AM Stomach Flattening #1226 3/12 6AM Shoulder Strengthening #1227 3/13 6AM Full Leg Toning #1228 3/14 6AM Body Shaping #1229 3/15 6AM Quad Flexibility #1230 3/18 6AM #1301 3/19 6AM #1302 3/20 6AM #1303 3/21 6AM #1304 3/22 6AM #1305 3/25 6AM #1306 3/26 6AM #1307 3/27 6AM #1308 3/28 6AM #1309 3/29 6AM

Clint Black: Mostly Hits & The Mrs. 3/27 Mid

Conscious Living Mindful Modernism #202 3/17 8AM A Taste of the Good Life in the City of Angels #203 3/24 8AM The Secret Recipe: Intention #204 3/31 8AM

Cook's Country Puerto Rican Classics #1607 3/9 10:38AM, 3/16 10:30AM Fried Chicken and Biscuits #1505 3/17 9:30AM A Love Letter to the South #1608 3/23 10:30AM Thai Comforts #1506 3/24 9:30AM Biscuits and Chicken #1609 3/30 10:30AM Seafood Two Ways #1507 3/31 9:30AM

Crossing South Coffee and Anthropology #406 3/12 7PM Bikes, Pizza & Music #407 3/19 7PM Rancho Ojai, Tecate Beer, Asao #408 3/26 7PM

Culture Club: Live at Wembley 3/9 Mid



March 2024 — KVIEHD Programs Alpha Order All Broadcasts Page 3 of 9

Created 2/01/24. Occasionally, KVIE makes changes to its schedule that would cause some of the below information to change.

Please visit kvie.org/schedule for the most up-to-date information.

Curious George Pop!/George & Allie's Egg-Cellent Adventure #1001 3/1 1PM George's Dark Day/Leaf Raker #1207 3/4 1PM All-New Hundley/Signs Up #206 3/5 1PM George's Sleepover/Curious George Goes to the Dentist #1002 3/6 1PM For Your Ice Only/George and the Unforgettable Father's Day #1201 3/7 1PM Monkey Under Ice/George's New Sound #1003 3/8 1PM Prints of a Monkey / Lobby Sale #1313 3/11 1PM Your Churn, George/Going Nuts #1109 3/12 1PM Up A Tree/Curious George and the Trash #203 3/13 1PM Chipmonkey/Loch Ness Monkey #1004 3/14 1PM Over The Edge/A Rose By Any Other Name #1202 3/15 1PM Color Me Monkey/Special Delivery Monkey #207 3/18 1PM Hot Dog! / George and the Beat #1314 3/19 1PM George Lights Up The Night/George and the Jug Owl #1005 3/20 1PM The Buggy House/Rubber Band-It #1115 3/21 1PM Four Hands, Eight Arms/Oil Saves The Day #1006 3/22 1PM Blowin' in the Wind/George's Noisy New Neighbor #1208 3/25 1PM Curious George Gets All Keyed Up/Gutter Monkey #204 3/26 1PM Swimspiration/Museum of George #1315 3/27 1PM Lost Treasure of Bugaboo Bend/Apple Pie of My Eye #1114 3/28 1PM Monkey Clean, Monkey Do/A River Runs Through It #1113 3/29 1PM

Daniel Tiger's Neighborhood Margaret's Birthday Buddy/Margaret's Birthday Party #403 3/1 9AM King Daniel for the Day #319 3/4 9AM The Fire Drill/Daniel and Mom Go to the Market #503 3/5 9AM Daniel Waits with Dad/Margaret's New Shoes #504 3/6 9AM Daniels Lunch/Daniels Toy #402 3/7 9AM Daniel Finds Something to Do/Daniel's Royal Good Time #401 3/8 9AM Daniel Learns About Lizards/Daniel Wonders About Trolley #320 3/11 9AM Daniel's Obstacle Course/Daniel Plays in a Gentle Way #404 3/12 9AM Daniel's Rocking Chair/Prince Wednesday Gives Away His Book #506 3/13 9AM Jodi's First Day at School/Daniel Plays at Jodi's House #405 3/14 9AM Daniel Goes to the Hospital #509 3/15 9AM Find What Makes Your Family Special/Family Day #408 3/18 9AM Daniel's Substitute Teacher #505 3/19 9AM A New Friend at School/ A New Friend at the Playground #406 3/20 9AM Jodi's Lemonade Stand/Daniel Remembers What He Needs #510 3/21 9AM Daniel Visits The Dentist/Daniel's First Haircut #407 3/22 9AM Daniel Does It Himself/Daniel Learns to Swing #507 3/25 9AM Quiet Time at School/Naptime In Blanket City #502 3/26 9AM Prince Wednesday's Accident/Daniel and Miss Elaina's Kite Accident #501 3/27 9AM Prince Tuesday Goes to College/Daniel Misses Grandpere #508 3/28 9AM A Trip To The Enchanted Garden/A Trip To The Crayon Factory #109 3/29 9AM

Dante Part One: The Inferno #101 3/18 9PM Part Two: Resurrection #102 3/19 9PM

Death in Paradise #198 3/16 8PM #199 3/23 8PM #200 3/30 8PM

Deepak Chopra: Your Path to Enlightenment 3/2 11AM, 3/5 3:30AM, 3/14 4AM, 3/19 Mid

Desert Dreams: Celebrating Five Seasons in the Sonoran Desert 3/3 7AM, 3/5 Mid, 3/6 7PM, 3/17 4:30AM, 3/25 2:30AM

Donkey Hodie How Does It Feel?/Best Ball Fest #210 3/1 11AM, 3/13 11AM, 3/28 11AM The Goalies/Mousy Hodie #207 3/4 11AM, 3/15 11AM The Fastest Fetcher/Bobbly Ball #110 3/5 11AM Someplace Cold/Purple Polka Dot Party #209 3/6 11AM, 3/18 11AM Potato Pirates/Panda's Special Something #121 3/7 11AM Pet Rock Problem/Donkey Wonky Tea Party #206 3/8 11AM, 3/21 11AM The Tree Swing/Book Club #208 3/11 11AM, 3/26 11AM The Cow and Potato Bug Opera/Everything Explorers #114 3/12 11AM Gator's New Game/Donkey and Panda Cheer Up #137 3/14 11AM Dodie Hodie/Uniquely Panda #135 3/19 11AM Yodel Bird Sitting/Superhero Squabble #133 3/20 11AM The Try Scouts/Wiz-Kazizz-Kazaam #122 3/22 11AM Hey-O, Purple Moon/Purple Peg Problem #134 3/25 11AM The Golden Crunchdoodles/Walking Stick Blues #115 3/27 11AM Big Nest Bird Party/Pet Elephant Camp #136 3/29 11AM

Dooky Chase Kitchen: Leah's Legacy Faith #112 3/17 10AM Local Politics #113 3/24 10AM Driving While Black: Race, Space and Mobility in America 3/8 2AM

DW News #21045 3/1 5PM #21046 3/4 5PM #21047 3/5 5PM #21048 3/6 5PM #21049 3/7 5PM #21050 3/8 5PM #21051 3/11 5PM #21052 3/12 5PM #21053 3/13 5PM #21054 3/14 5PM #21055 3/15 5PM #21056 3/18 5PM #21057 3/19 5PM #21058 3/20 5PM #21059 3/21 5PM #21060 3/22 5PM #21061 3/25 5PM #21062 3/26 5PM #21063 3/27 5PM #21064 3/28 5PM #21065 3/29 5PM

Easy Yoga: The Secret to Strength and Balance with Peggy Cappy 3/2 4:30PM, 3/4 3:30PM EcoSense for Living Planet of Pollinators #701 3/30 3:30PM

Elinor Wonders Why The Paper Trail/Bath Time #115 3/1 Noon Underground Soup/Dandy Dandelions #133 3/4 Noon Echo Location/Ears to You #130 3/5 Noon Frozen Fish/Pirate Treasure #122 3/6 Noon The Little Drummer/Rest Is Best #136 3/7 Noon Leave It to Ari/Snow Friend #111 3/8 Noon A Moth Mystery/Just Peachy #134 3/11 Noon Olive's Library/Nature Walk #131 3/12 Noon Wind in the Web/The Pokey Plan #112 3/13 Noon



March 2024 — KVIEHD Programs Alpha Order All Broadcasts Page 4 of 9

Created 2/01/24. Occasionally, KVIE makes changes to its schedule that would cause some of the below information to change.

Please visit kvie.org/schedule for the most up-to-date information.

Elinor's Fishy Friend/Do The Crane Dance #137 3/14 Noon The Town Picnic/The Amazing Expandable Clubhouse #101 3/15 Noon A Garden for All/Band of Explorers #135 3/18 Noon The House That Ants Built/Special Places #104 3/19 Noon Hiding In Plain Sight/Owl Girl #102 3/20 Noon Butterfly Babies/Elinor's Circus #120 3/21 Noon Water You Doing?/Thinking About Blinking #119 3/22 Noon Feed The Birds #110 3/25 Noon The Science of Staying Warm/The Seed of An Idea #103 3/26 Noon The Lizard Lounge/Feathers #106 3/27 Noon Butterfly Party/More Than One Right Way #132 3/28 Noon The Tomato Drop/Look What I Can Do #105 3/29 Noon

Ellie's Real Good Food Veggie Love #201 3/20 1:30PM Beauty Food #202 3/27 1:30PM

Energy Switch Energy Impacts On Land #207 3/16 5PM Batteries for Cars and Grids Part 1 #208 3/23 5PM Batteries for Cars and Grids Part 2 #209 3/30 5PM

Exploring Ireland with Michael 3/2 6:30AM, 3/4 5AM, 3/5 10PM, 3/10 2AM, 3/10 3AM, 3/24 3:30AM **Extra Life: A Short History of Living Longer** *Vaccines* #101 3/17 6:30AM *Medical Drugs* #102 3/24 6:30AM *Data* #103 3/31 6:30AM

Facing The Laughter: Minnie Pearl 3/14 9:30PM

Finance for the People with Paco de Leon 3/10 11PM, 3/28 1:30AM

Finding Your Roots Things We Don't Discuss #804 3/12 8PM, 3/13 3PM, 3/17 2PM Salems Lot #902 3/19 8PM, 3/20 3PM, 3/24 2PM Secret Lives #903 3/26 8PM, 3/27 3PM

Firing Line with Margaret Hoover #738 3/16 6:30AM #739 3/23 6:30AM #740 3/30 6:30AM

Flamenco: Spirit of Seville 3/7 Mid, 3/7 8PM, 3/10 6PM, 3/15 Mid, 3/18 3:30AM, 3/22 1:30AM, 3/26 3:30AM, 3/31 Mid

Freddie Mercury: The Tribute Concert 3/1 8:30PM, 3/4 Mid, 3/7 9PM, 3/9 8AM, 3/13 Mid, 3/20 4AM, 3/25 4AM, 3/31 2:30AM

FRONTLINE Boeing's Fatal Flaw #3916 3/12 10PM Pelosi's Power #4014 3/29 11PM

Grantchester Season 5 On Masterpiece *Episode Three* #5029 3/17 Noon *Episode Four* #5030 3/17 1PM *Episode Five* #5031 3/24 Noon *Episode Six* #5032 3/24 1PM

Great Scenic Railway Journeys 30th Anniversary Special 3/3 8:30AM, 3/9 3:30PM, 3/12 Mid, 3/17 1:30AM, 3/24 1:30AM, 3/30 3:30AM

Groundbreakers 3/15 9PM

Growing A Greener World Epic Tomatoes with Craig Lehoullier #1201 3/20 4PM, 3/23 4:30PM In Susan's Garden #1202 3/27 4PM, 3/30 4:30PM

Growing Bolder Be Yourself #702 3/17 6AM Stop Waiting and Start Doing #703 3/24 6AM Pursue Your Passions #704 3/31 6AM

Gut Check: Hope for Ultimate Health with Brenda Watson $\,3/2\,1:30\text{AM}$

History with David Rubenstein *Siddhartha Mukherjee* #504 3/16 7AM *Leslie Harris* #505 3/23 7AM *Jonathan Darman* #506 3/30 7AM

Homemade Live! The Lighter Side #104 3/16 Noon Late Night Bite #105 3/23 Noon Secret Sauce #106 3/30 Noon

Hope Is Here Emily Bennett Taylor #105 3/17 7:30AM Lisa Briggs #106 3/24 7:30AM

II Divo XX, Live from Taipei 3/6 Mid

Independent Lens Greener Pastures #2509 3/25 10PM

Inside California Education Flying High #201 3/13 7:30PM, 3/17 6PM Hospital School #202 3/20 7:30PM, 3/24 6PM A Paws for Healing #507 3/27 7:30PM, 3/31 6PM

In The Americas with David Yetman Christopher Columbus, His Time and His Plans #1009 3/16 3PM 1492: Americans Discover Europe #1010 3/23 3PM Tlaloc's Revenge: Mexico City's Hydrological Heritage #801 3/30 3PM

Ireland Made with Love 3/3 9PM Italy Made with Love 3/10 10AM

Italy Made with Love: Generations 3/4 8PM

Jacques Pepin: Heart & Soul Cooking for the President #108 3/12 1:30PM Taste Bud Temptations #109 3/19 1:30PM Global Gastronomy #110 3/26 1:30PM

Jane Eyre (2006) Episode 1 #101 3/3 7PM Episode 2 #102 3/3 8PM Episode 3 #103 3/10 7PM Episode 4 #104 3/10 8PM



March 2024 — KVIEHD Programs Alpha Order All Broadcasts Page 5 of 9

Created 2/01/24. Occasionally, KVIE makes changes to its schedule that would cause some of the below information to change.

Please visit kvie.org/schedule for the most up-to-date information.

Johnny Mathis: Wonderful, Wonderful! 3/13PM, 3/33AM

Ken Burns: Country Music 3/29 1AM

Ken Burns: Muhammad Ali 3/9 3AM, 3/16 1AM, 3/22 2:30AM, 3/30 2AM

Ken Burns: The Civil War 3/6 3PM, 3/12 4AM Ken Burns: The National Parks 3/261:30AM

Key Ingredient with Sheri Castle Figs Galore #114 3/17 11:30AM The Egg Comes First #115 3/24 11:30AM Kitchen Queens: New Orleans Jazzy Shrimp #110 3/17 11AM Mardi Gras Celebration #111 3/24 11AM

Lidia's Kitchen An Easy Effort #1003 3/9 1:51PM Building Flavor #1117 3/16 1:30PM Is Dinner Ready? #1118 3/23

1:30PM Enough to Share #1119 3/30 1:30PM

Living Wild: Plant-Spiration with Hilton Carter 3/6 4:30AM, 3/6 1:30PM

Love Train: The Sound of Philadelphia - Live In Concert 3/18 4:30AM, 3/28 Mid

Lucy Worsley Investigates Princes in the Tower #101 3/17 7PM Madness of King George #102 3/24 7PM Luther Vandross - Always and Forever: An Evening Of Songs at Royal Albert Hall 3/2 3AM, 3/5 8:30PM, 3/24 4:30AM

Lyla in the Loop The Waffle Man/Loopa-Palooza #107 3/1 8AM, 3/19 8AM Operation: Rise and Shine/The Carrot Cake Dance #104 3/4 8AM, 3/21 8AM Loopstastic Mess Vacuum Test/How the Cookie Crumbled #108 3/5 8AM, 3/25 8AM How to Hamster/A Bad Case of the Beeps #110 3/6 8AM, 3/28 8AM The Case of the Mysterious Cake/Kibbles and Tricks #111 3/7 8AM, 3/27 8AM Un-Make A Mess/Hide and Go Stu #109 3/8 8AM, 3/26 8AM The Four Little Pigs and Brucey/Handle with Care #112 3/11 8AM Sanitation Situation/Stu Rides The Bus #113 3/12 8AM, 3/29 8AM Piece of Cake/Kibbles and Coins #101 3/13 8AM When Luke Became Stu/Secret Surprise Party #114 3/14 8AM The Mystery Puzzle/The Stu Express #102 3/15 8AM Every Sand-Which Way/Growing Up #103 3/18 8AM Carnival for Luke/Rap Report #105 3/20 8AM Lemonade Champs/Double Dutch Dilemma #106 3/22 8AM

Lynyrd Skynyrd: Celebrating 50 Years, Recorded Live at the Ryman Auditorium 3/19 2AM, 3/26 Mid Mae West: American Masters Mae West: Dirty Blonde #3008 3/11 9PM

Marcus King: Live In Nashville 3/63AM

Marguerite: from the Bauhaus to Pond Farm 3/11 10:30PM

Mary Berry Cook and Share Team Favourites #103 3/16 12:30PM Coastal Delights #104 3/23 12:30PM Episode 5 #105 3/30 12:30PM

Mary Berry Love to Cook For A Crowd #103 3/16 1PM For Family & Friends #104 3/23 1PM For Beginners #105 3/30 1PM

Menus-Plaisirs - Les Troisgros 3/22 10PM

Molly of Denali Fili-Bascan Chefs/Ladybug Sleepover #211 3/1 7AM Bubbling Up/Eenie Eenie Aye Over #212 3/4 7AM Seal Dance/Snowboarding Qyah Style #123 3/5 7AM Midnight Sun Fun Run/Molly Oodi' Heekha #213 3/6 7AM Cry Wolf/A Sound Idea #214 3/7 7AM Rocky Rescue/Canoe Journey #122 3/8 7AM A Fireweed Feast/River Skate #206 3/11 7AM The Whole Mitten Kaboodle/Eagle Tale #125 3/12 7AM Basketball Blues #207 3/13 7AM Picking Cloudberries/Puzzled #127 3/14 7AM A Whale of a Time/That's Snow Fun #304 3/15 7AM The Story of the Story Knife/Raven Saves the Birthday Party #303 3/18 7AM Sea Lion Crooks and Halibut Hooks/Nature's Medicine #208 3/19 7AM Art from the Heart/Gold Strikeout #302 3/20 7AM The Qyah Ice Classic/The Great Qyah Cleanup #309 3/21 7AM Home Made Heroes/Molly and the Snow Hawk #301 3/22 7AM A Little Batty/The Clean Up Mix Up #401 3/25 7AM, 3/28 7AM Steam Bath Ch'oondaii/in the Dark of Day #402 3/26 7AM, 3/29 7AM Meteorite, Out of Sight/Not A Mascot #403 3/27 7AM

MotorWeek 2024 Ford Mustang Dark Horse #4328 3/16 8AM 2024 Audi Rs 7 Performance #4329 3/23 8AM 2023 Ford Super Duty #4330 3/30 8AM

Moveable Feast Park City, Utah #310 3/13 1:30PM

Ms. Fisher's Modern Murder Mysteries Seasoned Murder #104 3/14 8PM Death By Design #201 3/21 8PM Come Die with Me #202 3/21 8:48PM Blood Wedding #203 3/28 8PM A Killer Unleashed #204 3/28 8:46PM Nature Cat Living on the Edge/Wild World of Wild Play in the Wild #504 3/1 12:30PM The Legend of Cowboy Kitty/The Corn Conundrum #501 3/4 12:30PM Agents of the Great Outdoors/The Nature-tastic Four #403 3/5 12:30PM Window Worries/The Pinecone Genie #502 3/6 12:30PM The Leaf Fairy/Midge Over Troubled Water #404 3/7 12:30PM Rock Clues/Sweet Scent #402 3/8 12:30PM The Parade of Pets/Hal's Pals #503 3/11



March 2024 — KVIEHD Programs Alpha Order All Broadcasts Page 6 of 9

Created 2/01/24. Occasionally, KVIE makes changes to its schedule that would cause some of the below information to change.

Please visit kvie.org/schedule for the most up-to-date information.

12:30PM The Nature Nap Dilemma/Captain Nature Cat's Wild River Adventure #405 3/12 12:30PM Know Your Snow/The Nature-tastic Four and the Humongous Hurricane #505 3/13 12:30PM Magical Mushroom Mystery Tour/A Midsummer Day's Dream #311 3/14 12:30PM Nature Dance Party/Bad Dog Bart Jr. #401 3/15 12:30PM Hal The Duck/The Crow-Lympics #314 3/18 12:30PM Under Pressure/Rainy Day #309 3/19 12:30PM What A Pearl/Wild Bee Motel #315 3/20 12:30PM Amber Rocks/The Big Stink #310 3/21 12:30PM Atv Adventure! / Nature Buddy Breakup #509 3/22 12:30PM Sweet Symbiosis/Strawberry Fields Forever #312 3/25 12:30PM Bunny Baby Babysitter / King of the Backyard Bouncy Castles #510 3/26 12:30PM More Than A Monkey Wrench/Trailblazers #313 3/27 12:30PM A Little Kelp from My Friends/Mission to Mars #508 3/28 12:30PM The Bumblebee Queen/Tree Love #506 3/29 12:30PM

Neil Diamond: Thank You Australia 3/14 Mid, 3/19 4:30AM, 3/31 1AM

 Newsline
 #14175 3/1 4:30PM
 #14176 3/4 4:30PM
 #14177 3/5 4:30PM
 #14178 3/6 4:30PM
 #14179 3/7

 4:30PM
 #14180 3/8 4:30PM
 #14181 3/11 4:30PM
 #14182 3/12 4:30PM
 #14183 3/13 4:30PM
 #14184 3/14

 4:30PM
 #14185 3/15 4:30PM
 #14186 3/18 4:30PM
 #14187 3/19 4:30PM
 #14188 3/20 4:30PM
 #14189 3/21

 4:30PM
 #14190 3/22 4:30PM
 #14191 3/25 4:30PM
 #14192 3/26 4:30PM
 #14193 3/27 4:30PM
 #14194 3/28

 4:30PM
 #14195 3/29 4:30PM
 #14193 3/29 4:30PM
 #14193 3/29 4:30PM
 #14193 3/29 4:30PM
 #14193 3/29 4:30PM

Nolly On Masterpiece *Episode 1* #5414 3/17 9PM *Episode 2* #5415 3/24 9PM *Episode 3* #5416 3/31 9PM **NOVA** *Hidden Volcano Abyss* #5008 3/13 9PM, 3/15 3PM *Arctic Sinkholes* #4901 3/13 10PM, 3/22 3PM *Polar Extremes* #4701 3/20 9PM *A.I. Revolution* #5105 3/27 9PM, 3/29 3PM *Star Chasers of Senegal* #5002 3/27 10PM

Odd Squad Blob on the Job/Party of 5,4,3,2,1 #106 3/1 6:30AM First Day #201 3/4 6:30AM Back to the Past/Odd Squad Needs You #202 3/5 6:30AM Mid-Day in the Garden of Good and Odd/Failure to Lunch #203 3/6 6:30AM The Thrill of the Face/Raising The Bar #306 3/7 6:30AM Odd Squad in the Shadows #307 3/8 6:30AM Trading Places/Bad Lemonade #125 3/11 6:30AM Robert Plant/Game Time #126 3/12 6:30AM The O Team/Show Me The Money #204 3/13 6:30AM Oscar Strikes Back #205 3/14 6:30AM Olympia's Day/Otis's Day #206 3/15 6:30AM Train of Thoughts/Overdue! #308 3/18 6:30AM The Void/Into The Odd Woods #309 3/19 6:30AM The Trouble with Centigurps/Totally Odd Squad #110 3/20 6:30AM How to Interrogate A Unicorn/The Briefcase #111 3/21 6:30AM Slow Your Roll #310 3/22 6:30AM And Then They Were Puppies/A Case of the Sillies #207 3/25 6:30AM Flawed Squad/The Creature Whisperer #208 3/26 6:30AM Oscar and the Oscarbots/Picture Day #107 3/27 6:30AM A Case of the Sing-Alongs/Ms. O Uh-Oh #108 3/28 6:30AM Skip Day/The Great Grinaldi #109 3/29 6:30AM

Out of Exile - The Photography of Fred Stein 3/22 9PM

Pati's Mexican Table Hermosillo Food Crawl #902 3/9 11:55AM, 3/15 2PM A Day In Sinaloa's Countryside #811 3/11 2PM Home Cooking Sinaloa Style #812 3/12 2PM How Do You Say Tucson? #813 3/13 2PM Tucson: Gateway to Sonora #901 3/14 2PM Welcome to Guadalajara #1001 3/16 11:30AM, 3/28 2PM The Blessing and the Benefit #903 3/18 2PM Carne Asada with La Familia #904 3/19 2PM Flour Power #905 3/20 2PM Sonoran Family Favorites for Sami #906 3/21 2PM Legends of the Sonoran Sea #907 3/22 2PM Food Meets Art #1002 3/23 11:30AM, 3/29 2PM Super Sonoran #908 3/25 2PM Cooking for My Crew In Sonora #909 3/26 2PM Sabores Nortenos #910 3/27 2PM Jalisco Classics #1003 3/30 11:30AM

PBS NewsHour #14175 3/1 6PM #14176 3/4 6PM #14177 3/5 6PM #14178 3/6 6PM #14179 3/7 6PM #14180 3/8 6PM #14181 3/11 6PM #14182 3/12 6PM #14183 3/13 6PM #14184 3/14 6PM #14185 3/15 6PM #14186 3/18 6PM #14187 3/19 6PM #14188 3/20 6PM #14189 3/21 6PM #14190 3/22 6PM #14191 3/25 6PM #14192 3/26 6PM #14193 3/27 6PM #14194 3/28 6PM #14195 3/29 6PM

PBS NewsHour Weekend #2071 3/2 5:30PM #2072 3/3 5:30PM #2073 3/9 5:30PM #2074 3/10 5:30PM #2075 3/16 5:30PM #2076 3/17 5:30PM #2077 3/23 5:30PM #2078 3/24 5:30PM #2079 3/30 5:30PM #2080 3/31 5:30PM

Peter Frampton at Royal Albert Hall 3/21 Mid, 3/26 4:30AM

Pinkalicious & Peterrific Parrot Watch/Disappearing Act #404 3/1 11:30AM The Secret Life of Henrietta/Photographer Peter #308 3/4 11:30AM, 3/21 11:30AM Pirate Dreamboat/Peter's Megaphone #309 3/5 11:30AM, 3/26 11:30AM Princess Pinkalicious/Switcheridoo #403 3/6 11:30AM Friendship Bracelets/The Upside Down O Matic #310 3/7 11:30AM, 3/19 11:30AM Sand Palace/Zoo Day #105 3/8 11:30AM Aqualicious/Sing in the Spring #203 3/11 11:30AM Plantastically Pink/Painting Pixie #106 3/12 11:30AM A Fairy Thanksgiving/Pinkfoot



March 2024 — KVIEHD Programs Alpha Order All Broadcasts Page 7 of 9

Created 2/01/24. Occasionally, KVIE makes changes to its schedule that would cause some of the below information to change.

Please visit kvie.org/schedule for the most up-to-date information.

Playdate #202 3/13 11:30AM Invisible Band/Best Pink Present #103 3/14 11:30AM Peter's Blues/Pink Raspberry #110 3/15 11:30AM Yo-Yos Musical Journey/Happy Pinkville Day #504 3/18 11:30AM The Kendra Shuffle/Team Song #603 3/20 11:30AM Gnome Variety Show/Tidy Up #505 3/22 11:30AM Dojo Mojo/Googly Eyes #601 3/25 11:30AM A-Maze-Ing Day/Pet Sitting Service #602 3/27 11:30AM Pinkalicious/Glitterizer #107 3/28 11:30AM AII Tangled Up/Above The Clouds #108 3/29 11:30AM

POV unseen #3616 3/24 11PM

Reba McEntire: My Chains Are Gone: Hymns and Gospel Favorites 3/211:30AM

RFDS: Royal Flying Doctor Service #201 3/16 9PM #202 3/23 9PM #203 3/30 9PM

Rick Steves Art of Europe Marathon 2024 3/2 2PM, 3/10 1:30PM, 3/13 3:30AM, 3/27 3:30AM

Rick Steves' Europe Art of the High Middle Ages #1206 3/11 4PM, 3/12 7:30PM, 3/30 2PM Art of the Roman Empire #1204 3/16 2PM Art of the Florentine Renaissance #1207 3/18 4PM, 3/19 7:30PM Art of the Early Middle Age #1205 3/23 2PM Art of the Renaissance Beyond Florence #1208 3/25 4PM, 3/26 7:30PM

Rick Steves' Festive Europe 3/110:30PM, 3/101:30AM

Rick Steves Mighty Alps 3/5 7PM, 3/6 1:30AM, 3/8 3PM, 3/20 1AM

Rick Steves' Tasty Europe 3/2 6PM, 3/5 5:30AM, 3/30 5:30AM

Rick Steves Why We Travel 3/1 5AM, 3/3 12:30AM, 3/3 6PM, 3/9 2:30PM

Ricky Martin: Live Black & White Tour 3/4 3:30AM Rising Against Asian Hate: One Day In March 3/19 11PM

Roadtrip Nation: Empowered State We Power New York #104 3/13 4PM

Rob on the Road Region Rising - Siemens Trains #1305 3/11 7:30PM, 3/14 4PM, 3/17 4PM Region Rising - Rachel Zillner & Anne Descalzo #1308 3/18 7:30PM, 3/21 4PM, 3/24 4PM Region Rising: Colorectal Cancer Awareness #1309 3/25 7:30PM, 3/28 4PM

Rosie's Rules Rosie Rocks Mariachi/Rosie Canta Un Corrido #105 3/1 9:30AM Rosie Maps It Out/Merry-Go-Rosie #104 3/4 9:30AM Neighborhood Market Day / Rosie and Javis Slime Store #128 3/5 9:30AM Rosie in the City/Rosie in the Country #121 3/6 9:30AM Rosie The Dog Sitter/Chef Rosie #103 3/7 9:30AM Rosies Pirate Adventure/Time Trouble #117 3/8 9:30AM Movie Night/Rosies Seashell Museum #109 3/11 9:30AM Family Sports Day/The Cake-Off #102 3/12 9:30AM Lights Out Rosie/Rosie Goes Camping #110 3/13 9:30AM Sister Surprise/Rosies Twin #111 3/14 9:30AM Abuelas Birthday/Cat Mail #101 3/15 9:30AM Dragon Drama/Rosies Lucky Charm #120 3/18 9:30AM Moms Snowy Day/Rosies Nature Adventure #112 3/19 9:30AM Rosie The Reporter/The Jalapeno Giant #134 3/20 9:30AM Rosie The Message Delivery Kid / Javi's Growl #125 3/21 9:30AM Royal Rosie/Rosies No-Strawberry Stand #107 3/22 9:30AM Dance Party Island/Rosie The Mascot #130 3/25 9:30AM Catch That Watermelon/Dino Cave #135 3/26 9:30AM An Anniversary Tradition/Chiles En Nogada Day #119 3/27 9:30AM The Catrina Mystery/The Lucky Dragon #136 3/28 9:30AM Donating Day/Gatita The Volunteer Cat #133 3/29 9:30AM

Roy Orbison Forever 3/9 9PM

Salute to Budapest and Vienna 3/3 10:30PM

Samantha Brown's Places to Love #708 3/16 2:30PM *Melbourne, Australia* #706 3/17 3:30PM #709 3/23 2:30PM *Newport, Rhode Island* #707 3/24 3:30PM #710 3/30 2:30PM

Sara's Weeknight Meals Best Loved Italian Recipes #702 3/9 12:33PM Pizza and Lemons: Naples to Sorrento #1203 3/14 1:30PM Bounty of Parma #1204 3/21 1:30PM Cheese Please #1205 3/28 1:30PM

Saving Americana: ViewFinder The Great Lincoln Highway #2906 3/20 7PM, 3/22 4PM, 3/23 7:30AM, 3/24 6:30PM

Sesame Street Horsing Around #5323 3/110AM The Letter C Vacation #5328 3/4 10AM Read-And-Share #5316 3/5 10AM, 3/6 10AM Ramp and Roll #5334 3/7 10AM Cinderella's New Shoes #5319 3/8 10AM, 3/12 10AM Love Makes A Family #5331 3/11 10AM Art Rocks! #5318 3/13 10AM Gabrielle's Amazing Maze #5332 3/14 10AM Jobs Day #5305 3/15 10AM Grandparents' Day #5333 3/18 10AM, 3/20 10AM Big Bird's Happy to Be Me Club #5310 3/19 10AM, 3/22 10AM Wash Day #5329 3/21 10AM Sesame Street Submarine #5335 3/25 10AM Bubble Trouble #5312 3/26 10AM Just Right! #5317 3/27 10AM, 3/29 10AM Community Garden Cleanup #5330 3/28

Social Security & You with Mary Beth Franklin 3/11:30PM, 3/10 8:30AM, 3/21 3AM Something Inside Is Broken 3/17 11PM



March 2024 - KVIEHD Programs Alpha Order All Broadcasts Page 8 of 9

Created 2/01/24. Occasionally, KVIE makes changes to its schedule that would cause some of the below information to change. Please visit $\underline{\text{kvie.org/schedule}}$ for the most up-to-date information.

Spy in the Ocean, A Nature Miniseries Deep Thinkers #101 3/13 8PM, 3/14 3PM Deep Feelings #102 3/20 8PM, 3/21 3PM Deep Relationships #103 3/27 8PM, 3/28 3PM

Steve & Eydie: Memories of My Mom and Dad (My Music Presents) 3/2 6:30PM Steven Raichlen's Planet Barbecue Grilling from Across The Pond #103 3/9 1:10PM

Studio Sacramento #1307 3/15 7:30PM, 3/17 5PM #1308 3/22 7:30PM, 3/24 5PM Jeff Harris #1305 3/29

Supercharge Your Brain: Maximizing Your Cognitive Abilities 3/2 12:30PM, 3/4 2AM, 3/9 10:30PM

tasteMAKERS Hildebrand Farms Dairy #302 3/17 4:30PM Dale Hollow Winery #303 3/24 4:30PM Tell Me More with Kelly Corrigan Pete Buttigieg #607 3/17 3PM Rachel Zoffness #608 3/24 3PM

The American Buffalo Blood Memory #101 3/3 12:30PM Into The Storm #102 3/3 3PM

The Doo Wop Project 3/28 4:30AM

The Fab Four: The Ultimate Beatles Tribute 3/11 5AM, 3/19 3:30AM, 3/29 Mid

The Invisible Shield The Old Playbook #101 3/26 10PM

The Jewish Journey: America 3/15 1AM, 3/20 2:30AM

The Lawrence Welk Show Behind the Scenes with Our Musical Family (Jack Imel) #1931 3/16 6PM Easter (Tom Netherton) #1932 3/23 6PM Tribute to the Sweet Bands (Barney Liddell and Henry Cuesta) #1933 3/30 6PM

The Maestro & The European Pop Orchestra: Love & Peace Concert 3/3 1:30AM, 3/9 6PM

The Path to Happily Ever After with Rajiv Nagaich 3/2 7:30AM, 3/8 1:30PM, 3/9 1:30AM, 3/14 1:30AM, 3/21 4:30AM, 3/31 4:30AM

The Rolling Stones: A Bigger Bang: Live On Copacabana Beach 3/12 2AM, 3/22 4AM

The Secret Song 3/31 11PM

The Seven Ages of Elvis 3/5 1:30AM, 3/16 4AM

The World of Wisdom & Wonder 3/4 7PM, 3/6 10:30PM

This Land Is Your Land (My Music Presents) 3/97:30PM

This Old House Lexington | Judgement Day #4515 3/14 7PM, 3/16 9AM Lexington | Accessible Made Modern #4516 3/21 7PM, 3/23 9AM Glen Ridge | Multi-Generational #4517 3/28 7PM, 3/30 9AM

Tom Lehrer - Live In Copenhagen 1967 3/7 1AM

Walkin' West: Emigrant Wilderness Hike: ViewFinder #3004 3/27 7PM, 3/29 4PM, 3/30 7:30AM Washington Week with the Atlantic #6336 3/1 7PM, 3/2 6AM #6337 3/8 7PM, 3/9 6AM #6338 3/15 7PM, 3/16 6AM #6339 3/22 7PM, 3/23 6AM #6340 3/29 7PM, 3/30 6AM

Wild Kratts Chameleons On Target #315 3/1 8:30AM Mini Madagascar #317 3/4 8:30AM Musk Ox Mania #424 3/5 8:30AM Lemur Stink Fight #320 3/6 8:30AM Cheetah Adopted #423 3/7 8:30AM Golden Bamboo Lemur #321 3/8 8:30AM Fossa Palooza #316 3/11 8:30AM Praying Mantis #323 3/12 8:30AM Mystery on the Prairie #314 3/13 8:30AM Mystery of the Flamingo's Pink #602 3/14 8:30AM Capture The Fishmobile #324 3/15 8:30AM Aye Aye #318 3/18 8:30AM Lemur Legs #319 3/19 8:30AM In Search of the Easter Bunny #601 3/20 8:30AM, 3/25 8:30AM, 3/29 8:30AM Deer Buckaroo #604 3/21 8:30AM Tenrec Treasure Hunt #322 3/22 8:30AM Back In Creature Time - Go Dodo Go, Part 1 #325 3/26 8:30AM Back In Creature Time - Tasmanian Tiger, Part 2 #326 3/27 8:30AM Spots in the Desert #603 3/28 8:30AM

Willie Nelson: Live at Budokan 3/10 Mid

Woodsmith Shop High - Tech Woodworking #1513 3/16 8:30AM Arts & Crafts Sideboard, Part 1 #1601 3/23 8:30AM Arts & Crafts Sideboard, Part 2 #1602 3/30 8:30AM

Work It Out Wombats! Junior Supers/Measure for Measure #101 3/1 10:30AM Snout Wash Day/A Super Recipe #102 3/4 10:30AM 3,2,1 Lift Off! / Moon Magic #118 3/5 10:30AM Snout and About/Zadie's Shell Shuffle #103 3/610:30AM A Boxful of Snout / Postcard from Snout #117 3/710:30AM Special Delivery/Campout Confusion #104 3/8 10:30AM A Room of Our Own/Zeke's Fairy Village #123 3/11 10:30AM, 3/22 10:30AM A House for Snout/Junjun's Brain Freeze #124 3/12 10:30AM, 3/18 10:30AM, 3/27 10:30AM Treeborhood Carnaval/Magic Tricky #125 3/13 10:30AM, 3/19 10:30AM, 3/29 10:30AM Malik Gets Muddy/Balloonasaur Delivery #126 3/14 10:30AM, 3/20 10:30AM Sticker Monster Storytime/Count to 10! #127 3/15 10:30AM, 3/21 10:30AM A Sleep Story for Ellie/Super's Super Mug #121 3/25 10:30AM The Treehouse Harvest Day/The Treeborhood Thankfuness Stew #130 3/26 10:30AM Junjun's Wake-Up Call/Stack 'em Up #120 3/28 10:30AM

Yellowstone Symphony 3/16 Mid, 3/17 3:30AM



March 2024 — KVIEHD Programs Alpha Order All Broadcasts Page 9 of 9

Created 2/01/24. Occasionally, KVIE makes changes to its schedule that would cause some of the below information to change. Please visit kvie.org/schedule for the most up-to-date information.

Young Forever With Mark Hyman, M.D. 3/3 10:30AM, 3/5 1:30PM, 3/7 4AM, 3/11 2AM, 3/16 2:30AM, 3/22 Mid