

March 2024 — KVIE2 Programs Alpha Order All Broadcasts Page 1 of 8

Created 2/01/24. Occasionally, KVIE makes changes to its schedule that would cause some of the below information to change.

Please visit kvie.org/schedule for the most up-to-date information.

10 Homes That Changed America 3/26 1PM

10 Modern Marvels That Changed America 3/26 2PM

10 Parks That Changed America 3/19 2PM

10 Streets That Changed America 3/12 1PM

10 Towns That Changed America 3/12 2PM

3 Steps to Inner Wisdom 3/3 8:30AM

'70's Soul Superstars (My Music) 3/3 10PM

Agatha Christie: Lucy Worsley on the Mystery Queen Cat Among The Pigeons #101 3/9 4AM

Aging Backwards 3 with Miranda Esmonde-White 3/210PM, 3/102AM, 3/103AM

Amanpour and Company #6174 3/1 4AM #6176 3/5 4AM #6177 3/6 4AM #6178 3/7 4AM #6179 3/8 4AM #6181 3/12 4AM #6182 3/13 4AM #6183 3/14 4AM #6184 3/15 4AM #6185 3/16 4AM, 3/17 6:30AM #6186 3/19 4AM #6187 3/20 4AM #6188 3/21 4AM #6189 3/22 4AM #6190 3/23 4AM, 3/24 6:30AM #6191 3/26 4AM #6192 3/27 4AM #6193 3/28 4AM #6194 3/29 4AM #6195 3/30 4AM, 3/31 6:30AM

Amen! Music of the Black Church 3/13AM

America's Home Cooking: Gadgets & Gizmos 3/9 11AM, 3/10 10PM

America's Test Kitchen Ultimate Italian #1805 3/1 5PM Modern Weeknight Meals #1806 3/4 5PM Vegan for Everyone #1807 3/5 5PM Just Add Apples #1808 3/6 5PM Soup for Dinner #1809 3/7 5PM Pressure Cooker Perfection #1810 3/8 5PM Diner-Style Favorites with a Twist #1811 3/11 5PM Italian Seafood Suppers #1812 3/12 5PM, 3/16 5PM Mexican Dinner Party #1813 3/13 5PM Mediterranean Sweets #1814 3/14 5PM Weeknight Japanese Suppers #1815 3/15 5PM Brunch at Home #1816 3/18 5PM Simple Chinese Staples #1817 3/19 5PM, 3/23 5PM Vibrant Mediterranean Cooking #1818 3/20 5PM Grilled Steak and Fruit Tart #1819 3/21 5PM Spicing Up The Grill #1820 3/22 5PM Pork Chops and Corn Fritters, Perfected #1821 3/25 5PM Chinese Classics #1822 3/26 5PM, 3/30 5PM Summer Cookout #1823 3/27 5PM To Meat Or Not to Meat (Sauce) #1824 3/28 5PM Elegant Desserts #1825 3/29 5PM

America: The Land We Live In 3/3 12:30PM An American Family at 50 3/2 5:30AM

Antiques Roadshow Bismarck, Hour Two #1908 3/1 1AM, 3/4 2PM Bismarck, Hour One #1907 3/1 7PM, 3/4 1:30AM, 3/4 1PM Ca' d'Zan - Hour Two #2305 3/4 7PM, 3/5 1AM Ca' d'Zan - Hour Three #2306 3/5 7PM, 3/6 1AM Hotel del Coronado - Hour 1 #2307 3/6 7PM, 3/7 1AM Birmingham, Hour One #1910 3/7 7PM, 3/8 1AM, 3/11 2PM Bismarck, Hour Three #1909 3/8 7PM, 3/11 1AM, 3/11 1PM Hotel del Coronado Hour 2 #2308 3/11 7PM, 3/12 1AM Hotel del Coronado Hour 3 #2309 3/12 7PM, 3/13 1AM Philbrook Museum Hour 1 #2310 3/13 7PM, 3/14 1AM, 3/23 5AM, 3/24 7PM, 3/25 2AM Birmingham, Hour Two #1911 3/14 7PM, 3/15 12:30AM, 3/18 2PM LSU Rural Life Museum Hour 2 #2808 3/15 7PM, 3/16 1AM, 3/16 5AM, 3/17 7PM, 3/18 2AM, 3/18 1PM Philbrook Museum Hour 2 #2311 3/18 7PM, 3/19 1AM Philbrook Museum Hour 3 #2312 3/19 7PM, 3/20 1AM Churchill Downs Racetrack Hour 1 #2313 3/20 7PM, 3/21 1AM Churchill Downs Racetrack Hour 2 #2314 3/21 7PM, 3/22 1AM Churchill Downs Racetrack Hour 3 #2315 3/22 7PM, 3/23 1AM Vintage Chicago #2222 3/25 7PM, 3/26 1AM Vintage Birmingham #2223 3/26 7PM, 3/27 1AM Vintage Oklahoma City #2224 3/27 7PM, 3/28 1AM Birmingham, Hour Three #1912 3/28 7PM, 3/29 1AM LSU Rural Life Museum Hour 3 #2809 3/29 7PM, 3/30 1AM, 3/30 5AM, 3/31 7PM

Antiques Roadshow Recut Bonanzaville, Part 1 #301 3/27 9:34PM, 3/28 3:34AM

Armenia, My Home 3/10 8:30PM

A Wild Independence: ViewFinder #2902 3/15 9PM, 3/16 3AM, 3/17 9:30AM, 3/17 3:30PM

Baking with Julia *Gale Gand* #106 3/1 11AM *Norman Love* #107 3/4 11AM #108 3/5 11AM #109 3/6 11AM #301 3/6 6PM, 3/7 Mid *Program 10* #110 3/7 11AM *Program 11* #111 3/8 11AM *Program 12* #112 3/11 11AM *Program 13* #113 3/12 11AM, 3/16 11AM #201 3/13 11AM #302 3/13 6PM, 3/14 Mid #202 3/14 11AM #203 3/15 11AM #204 3/18 11AM #205 3/19 11AM, 3/23 11AM #206 3/20 11AM #303 3/20 6PM, 3/21 Mid #207 3/21 11AM #208 3/22 11AM #209 3/25 11AM #210 3/26 11AM, 3/30 11AM #211 3/27 11AM #304 3/27 6PM, 3/28 Mid #212 3/28 11AM #213 3/29 11AM

BBC News #188 3/1 11PM #189 3/4 11PM #190 3/5 11PM #191 3/6 11PM #192 3/7 11PM #193 3/8 11PM #194 3/11 11PM #195 3/12 11PM #196 3/13 11PM #198 3/15 11PM #199 3/18 11PM #200 3/19 11PM #201 3/20 11PM #202 3/21 11PM #203 3/22 11PM #204 3/25 11PM #205 3/26 11PM #206 3/27 11PM #207 3/28 11PM #208 3/29 11PM



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Below The Belt: The Last Health Taboo 3/28 9PM, 3/29 3AM

Best of the Joy of Painting Mountain at Sunset #4004 3/1 9:30AM, 3/22 9:30AM Misty Mountain Morning #4005 3/4 9:30AM, 3/25 9:30AM High Chanteau #4006 3/5 9:30AM, 3/26 9:30AM, 3/30 9:30AM Misty Forest Oval #4007 3/6 9:30AM, 3/27 9:30AM Country Cabin #4008 3/7 9:30AM, 3/28 9:30AM Emerald Waters #4009 3/8 9:30AM, 3/29 9:30AM Storm's Arrival #4010 3/11 9:30AM Quiet Inlet #4011 3/12 9:30AM, 3/16 9:30AM Winter Oval #4012 3/13 9:30AM Mountain by the Sea #4013 3/14 9:30AM Mountain Stream #4014 3/15 9:30AM Moonlit Serenade #4015 3/18 9:30AM Blue River #4001 3/19 9:30AM, 3/23 9:30AM Majestic Pine #4002 3/20 9:30AM Winter Mountain #4003 3/21 9:30AM

Beyond The Powder: The Legacy of the First Women's Cross-Country Air Race 3/8 3AM Big Band Years (My Music Presents) 3/9 3PM

Biz Kid\$ Who Wants to Be A Millionaire? #601 3/1 9AM Is College Worth It? #602 3/4 9AM My First Credit Card #603 3/5 9AM Money Really Does Grow On Trees #604 3/6 9AM Can Money Buy Happiness? #605 3/7 9AM Financial Freedom #606 3/8 9AM What Is A Biz Kid? #101 3/11 9AM What Is Money? #102 3/12 9AM, 3/16 9AM How Do You Get Money? #103 3/13 9AM What Can You Do with Money? #104 3/14 9AM Money Moves #105 3/15 9AM Taking Charge of Your Financial Future #106 3/18 9AM A Biz: What Is It? #107 3/19 9AM, 3/23 9AM How to Succeed In Biz-Ness By Really Trying! #108 3/20 9AM Cash and Credit #109 3/21 9AM How to Achieve Your Financial Goals #110 3/22 9AM Don't Blow Your Dough #111 3/25 9AM Introducing Entrepreneurs #112 3/26 9AM, 3/30 9AM The Biz Kids Challenge #113 3/27 9AM How to Be A Smart Consumer #114 3/28 9AM Using Your Credit-Crazy Or Compelling? #115 3/29 9AM

Bob Dylan - Shadow Kingdom 3/2 3PM Borneo: Islands of Wonder #102 3/1 Noon

Breakfast with the Bread Monk 3/2 9AM, 3/10 9AM

Bringing It Home with Laura McIntosh Watermelon #208 3/5 6PM, 3/6 Mid

Build A Better Memory Through Science 3/2 Mid Chic Featuring Nile Rodgers Jazz a Vienne 3/10 7PM

Christina Cooks: Back to the Cutting Board All You Need Is Love #412 3/5 6:30PM, 3/6 12:30AM The Queen of the Table #413 3/12 6:30PM, 3/13 12:30AM Cuz There Ain't No Planet B #501 3/19 6:30PM, 3/20 12:30AM Going Green, Italian Style #502 3/26 6:30PM, 3/27 12:30AM

Classical Stretch: By Essentrics Feet and Calf Workout #1119 3/1 5:30AM Hip Pain Relief and Stretch #1202 3/1 7:30AM, 3/20 5:30AM Quad Lengthening & Strengthening #1120 3/4 5:30AM Quad Strengthening #1203 3/4 7:30AM, 3/21 5:30AM Arm Toning Workout #1121 3/5 5:30AM Weight Loss and Calorie Burn #1204 3/5 7:30AM, 3/22 5:30AM Spine Strengthening Workout #1122 3/6 5:30AM Back Pain Relief #1205 3/6 7:30AM, 3/25 5:30AM Shoulder Pain Workout #1123 3/7 5:30AM Full Body Strengthening #1206 3/7 7:30AM, 3/26 5:30AM Knee Strengthening Workout #1124 3/8 5:30AM Posture #1207 3/8 7:30AM, 3/27 5:30AM Spine Strengthening & Pain-Relief Workout #1125 3/11 5:30AM Long Adductor #1208 3/11 7:30AM, 3/28 5:30AM Hips & Hamstring Workout #1126 3/12 5:30AM Back Pain Relief #1209 3/12 7:30AM, 3/29 5:30AM Bone Strength Workout #1127 3/13 5:30AM Endurance and Power #1210 3/13 7:30AM Weight Loss Workout #1128 3/14 5:30AM Arthritis Workout #1211 3/14 7:30AM Ab & Core Strength Workout #1129 3/15 5:30AM Hamstring Flexibility #1212 3/15 7:30AM Increase Balance Workout #1130 3/18 5:30AM Toning The Waist #1213 3/18 7:30AM Plantar Fasciitis Release #1201 3/19 5:30AM Spine Strengthening #1214 3/19 7:30AM Shoulder Pain Relief #1215 3/20 7:30AM Relieve Neck Pain #1216 3/21 7:30AM Full Body Toning #1217 3/22 7:30AM Psoas & Hip Strengthening #1218 3/25 7:30AM Waist Slenderizing #1219 3/26 7:30AM Feet Strengthening #1220 3/27 7:30AM Connective Tissue #1221 3/28 7:30AM Hip & Glute Flexibility #1222 3/29 7:30AM

Cook's Country Herbaceous Chicken and Potatoes #1307 3/1 5:30PM Italian Comfort Food #1308 3/4 5:30PM Chicken and Biscuits #1309 3/5 5:30PM Pennsylvania Dutch Country #1310 3/6 5:30PM Never Enough Chocolate #1509 3/6 6:30PM, 3/7 12:30AM Motor City Favorites #1311 3/7 5:30PM Never Enough Chocolate #1312 3/8 5:30PM Spring Feast #1313 3/11 5:30PM Fried Bites #1401 3/12 5:30PM, 3/16 5:30PM Roast Chicken and Salad #1402 3/13 5:30PM Pennsylvanian Melting Pot #1510 3/13 6:30PM, 3/14 12:30AM Summer Berry Desserts #1403 3/14 5:30PM Carne Guisada and Enchiladas #1404 3/15 5:30PM One-Pot Meals #1405 3/18 5:30PM Italian-American Comforts #1406 3/19 5:30PM, 3/23 5:30PM Regional Sandwich Roundup #1407 3/20 5:30PM Cajun Country #1511 3/20 6:30PM, 3/21 12:30AM Thanksgiving, Simplified #1408 3/21 5:30PM



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Paprikash and Stroganoff #1409 3/22 5:30PM Pork, Peaches and Potatoes #1410 3/25 5:30PM French Fare #1411 3/26 5:30PM, 3/30 5:30PM Chicken Soup and Cheesy Bread #1412 3/27 5:30PM Endless Dessert #1512 3/27 6:30PM, 3/28 12:30AM Elegant and Orange #1413 3/28 5:30PM Cast Iron Everything #1501 3/29 5:30PM Craft In America Music #701 3/7 1PM Harmony #1301 3/7 2PM

Curious Traveler Curious Innsbruck #502 3/16 1:30PM Curious Sicily and Sardinia #503 3/23 1:30PM Curious Tyrol #504 3/30 1:30PM

Deepak Chopra: Your Path to Enlightenment 3/9 11PM, 3/10 10:30AM

Desert Dreams: Celebrating Five Seasons in the Sonoran Desert $3/2\,8:30\,\text{PM}$ Driving While Black: Race, Space and Mobility in America $3/3\,12:30\,\text{AM},\,3/10\,6\,\text{AM}$ DW Focus On Europe $\#4212\,3/17\,7:30\,\text{AM}$ $\#4213\,3/24\,7:30\,\text{AM}$ $\#4214\,3/31\,7:30\,\text{AM}$ Easy Yoga: The Secret to Strength and Balance with Peggy Cappy $3/3\,6:30\,\text{AM}$ Eat to Sleep $3/2\,3:30\,\text{AM}$

Energy Switch Will Solar and Wind Power Our Future? Part 2 #104 3/1 8AM Could Hydrogen Be Our Energy Future? #105 3/4 8AM Investing In Our Energy Future #106 3/5 8AM New Geopolitics of Energy #107 3/6 8AM Is It Time for More Nuclear Power? Part 1 #108 3/7 8AM Is It Time for More Nuclear Power? Part 2 #109 3/8 8AM How Can We Make Energy More Sustainable? #110 3/11 8AM Policies to Reduce Co2 Emissions #111 3/12 8AM Does The Us Need A Thriving Oil and Gas Industry? #112 3/13 8AM Could Lng Change Global Energy? #201 3/14 8AM Understanding The Electric Grid, Part 1 #202 3/15 8AM Understanding The Electric Grid, Part 2 #203 3/18 8AM The Good News About Climate Change #204 3/19 8AM Environmental Impacts of Energy On Air #205 3/20 8AM How Could Artificial Intelligence Change Energy? #206 3/21 8AM Energy Impacts On Land #207 3/22 8AM Batteries for Cars and Grids Part 1 #208 3/25 8AM Batteries for Cars and Grids Part 2 #209 3/26 8AM Is Net Zero By 2050 Possible? #210 3/27 8AM The Energy-Water Nexus #211 3/28 8AM How Do We Power The Developing World #212 3/29 8AM

England Made with Love 3/2 10:30AM

Facing The Laughter: Minnie Pearl 3/19 8PM, 3/20 2AM Finance for the People with Paco de Leon 3/2 11PM

Finding Your Roots Things We Don't Discuss #804 3/17 8PM, 3/18 3AM, 3/19 1PM Salems Lot #902 3/24 8PM, 3/25 3AM Secret Lives #903 3/31 8PM

Firing Line with Margaret Hoover #736 3/1 8PM, 3/4 2:30AM #737 3/8 8PM, 3/11 2AM #738 3/15 8PM, 3/16 2AM, 3/17 8:30AM #739 3/22 8PM, 3/23 2AM, 3/24 8:30AM #740 3/29 8PM, 3/30 2AM, 3/31 8:30AM

Flamenco: Spirit of Seville 3/2 5PM, 3/3 7:30AM, 3/9 5PM

Flesh and Blood On Masterpiece *Episode 1* #5045 3/16 9PM, 3/17 2AM *Episode 2* #5046 3/23 9PM, 3/24 2AM *Episode 3* #5047 3/30 9PM, 3/31 2AM

Forgotten Fame: The Marion Miley Story 3/7 8PM, 3/8 2AM

Freddie Mercury: The Tribute Concert 3/3 8PM

FRONTLINE Democracy On Trial #4209 3/14 8PM, 3/15 1:30AM Lethal Restraint #4210 3/21 8PM, 3/22 2AM

Gospel Live! Presented By Henry Louis Gates, Jr. 3/12AM

Great Performances Celebrating 50 Years of Broadway's Best #4807 3/9 Mid

Great Scenic Railway Journeys 30th Anniversary Special 3/27AM, 3/9 6PM, 3/10 4AM

Guilt On Masterpiece Season 1, Episode 1 #5135 3/16 8PM, 3/17 1AM Season 1, Episode 2 #5136 3/23 8PM, 3/24 1AM Season 1, Episode 3 #5137 3/30 8PM, 3/31 1AM

Gut Check: Hope for Ultimate Health with Brenda Watson 3/10 12:30AM

Happy Yoga with Sarah Starr Golden Monet #402 3/1 7AM Waterfall Haven #403 3/4 7AM Blooming Sunset #404 3/5 7AM Desert Gold #405 3/6 7AM Luminous Sunset #406 3/7 7AM Seashore Cove #407 3/8 7AM Desert Wildflowers #408 3/11 7AM Sunlit Woods #409 3/12 7AM Summer Sunflower Sunset #410 3/13 7AM Serene River Falls #411 3/14 7AM Desert Sunset #412 3/15 7AM Sunflowers at Dusk #501 3/18 7AM Cascading River #502 3/19 7AM Lace Meadow #503 3/20 7AM Sunflower Glo #504 3/21 7AM Waves #505 3/22 7AM Bloom #506 3/25 7AM Golden Shoreline #507 3/26 7AM Sunflower Inspiration #508 3/27 7AM Waterfall Glen #509 3/28 7AM Sunflower Sunset #510 3/29 7AM

Harriet Tubman: Visions of Freedom 3/21:30PM

Her Voice Carries 3/21 9PM, 3/22 3AM



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Himalaya: Kingdoms of the Sky 3/27 2PM

History Detectives *Cromwell Dixon, Bartlett Sketchbook, & Duke Ellington Plates* #805 3/4 4AM *Korean War Letter, Diana, Lookout Mt. Painting* #806 3/11 4AM #905 3/17 11PM *St. Valentine's Day Massacre, George Washington Miniature, Stalag* 17 #807 3/18 4AM #906 3/24 11PM *Hot Town Poster, Face Jug, Lost City of Gold* #808 3/25 4AM #907 3/31 11PM

Homemade Live! Best Bite Ever #108 3/17 10:30AM Snackless In Seattle #109 3/24 10:30AM Sweet Memories #110 3/31 10:30AM

Hotel Portofino First Impressions #101 3/4 Noon, 3/12 Noon Lessons #102 3/5 Noon, 3/13 Noon Invitations #103 3/6 Noon, 3/14 Noon Uncoverings #104 3/7 Noon, 3/15 Noon Discoveries #105 3/8 Noon Denouements #106 3/11 Noon

Icon: Music Through The Lens On The Wall #105 3/14 1PM On The Net #106 3/14 2PM On Camera #101 3/17 10PM On The Road #102 3/24 10PM On The Record #103 3/31 10PM

Independent Lens Greener Pastures #2509 3/31 4AM

Indian Doctor *Immunity* #202 3/16 10PM, 3/17 3AM *The Miracle* #203 3/23 10PM, 3/24 3AM *Quarantine* #204 3/30 10PM, 3/31 3AM

In Julia's Kitchen with Master Chefs Zarela Martinez and Jasper White #137 3/16 11:30AM Alfred Portale #138 3/23 11:30AM Monique Barbeau and Jacques Torres #139 3/30 11:30AM

Ireland Made with Love 3/3 3:30PM

Ireland's Wild Coast #101 3/17 11:30AM, 3/24 4AM #102 3/17 12:30PM, 3/24 5AM

Irma: My Life In Music 3/5 8PM, 3/6 2AM

John Denver's Rocky Mountain High 3/10 12:30PM

Joni Mitchell: The Library of Congress Gershwin Prize for Popular Song 3/12 8PM, 3/13 2AM

Joseph Rosendo's Travelscope Ireland - Following The Way of St. Patrick, Part 2 #1203 3/1 Mid The Best of Taiwan #1204 3/7 6PM, 3/8 Mid South Africa - Into The Wild! #1205 3/14 6PM Thailand - Bangkok and Beyond #1104 3/16 2PM South Padre Island, TX #1206 3/21 6PM, 3/22 Mid Cruising Canada: Ottawa and the Rideau Canal #1105 3/23 2PM France - Cruising on the Lot #1207 3/28 6PM, 3/29 Mid Zambia - Bush & River Safari #1106 3/30 2PM

Julia Child - Cooking with Master Chefs Michel Richard #102 3/1 4:30PM, 3/25 4:30PM Patrick Clark #103 3/4 4:30PM, 3/26 4:30PM, 3/30 4:30PM Lidia Bastianich #104 3/5 4:30PM, 3/27 4:30PM Charles Palmer #105 3/6 4:30PM, 3/28 4:30PM Amy Ferguson-Ota #106 3/7 4:30PM, 3/29 4:30PM Robert Del Grande #107 3/8 4:30PM Jean-Louis Palladin #108 3/11 4:30PM Susan Feniger and Mary Sue Milliken #109 3/12 4:30PM, 3/16 4:30PM Jacques Pepin and Julia Child #110 3/13 4:30PM Jeremiah Tower #111 3/14 4:30PM Jan Birnbaum and Lidia Bastianich #112 3/15 4:30PM Andre Soltner #113 3/18 4:30PM Nancy Silverton #114 3/19 4:30PM, 3/23 4:30PM Jacques Pepin #115 3/20 4:30PM Alice Waters #116 3/21 4:30PM Emeril Lagasse #101 3/22 4:30PM

Ken Burns: The National Parks 3/10 3:30PM

La Frontera with Pati Jinich *Miles from Nowhere* #101 3/5 1PM *From Dos Laredos to Mars* #102 3/5 2PM **Lidia's Kitchen** *Plan The Menu* #1115 3/16 Noon *The Community Table* #1116 3/23 Noon *Building Flavor* #1117 3/30 Noon

Living Wild: Plant-Spiration with Hilton Carter 3/3 10AM

Lucy Worsley's Royal Myths & Secrets Elizabeth I: The Warrior Queen #101 3/21 1PM Queen Anne: The Mother of Great Britain #102 3/21 2PM Marie Antoinette: The Doomed Queen #103 3/28 1PM Henry Viii's Reformation #104 3/28 2PM

Lucy Worsley's Royal Palace Secrets 3/251PM Lucy Worsley's Royal Photo Album 3/252PM

Luther Vandross - Always and Forever: An Evening Of Songs at Royal Albert Hall 3/3 5PM

Magical Land of Oz Land #101 3/8 2PM Ocean #102 3/15 1PM Human #103 3/15 2PM

Marguerite: from the Bauhaus to Pond Farm 3/12 9:30PM, 3/13 3:30AM

Ms. Fisher's Modern Murder Mysteries Seasoned Murder #104 3/20 8PM, 3/21 2AM Death By Design #201 3/27 7:58PM, 3/28 1:58AM Come Die with Me #202 3/27 8:46PM, 3/28 2:46AM

My Grandparents' War Helena Bonham Carter #101 3/22 1PM Mark Rylance #102 3/22 2PM Kristin Scott Thomas #103 3/29 1PM Carey Mulligan #104 3/29 2PM



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My World Too Indigenous Culture/Ev Revolution #207 3/17 11AM Dancing Rabbit Ecovillage #208 3/24 11AM Nature Australian Bushfire Rescue #3802 3/4 8PM, 3/5 2AM, 3/6 1PM Sharks of Hawaii #3906 3/11 8PM, 3/12 2AM, 3/13 1PM Super Cats: Extreme Lives #3601 3/17 2PM Equus: Story of the Horse: Origins #3608 3/20 1PM Super Cats: Cats In Every Corner #3602 3/24 2PM Equus: Story of the Horse: Chasing The Wind #3609 3/27 1PM Super Cats: Science and Secrets #3603 3/31 2PM

Neil Diamond: Thank You Australia 3/2 2AM

 Newsline
 #14176 3/1 11:30PM
 #14177 3/4 11:30PM
 #14178 3/5 11:30PM
 #14179 3/6 11:30PM
 #14180 3/7

 11:30PM
 #14181 3/8 11:30PM
 #14182 3/11 11:30PM
 #14183 3/12 11:30PM
 #14184 3/13 11:30PM
 #14185 3/14

 11:30PM
 #14186 3/15 11:30PM
 #14187 3/18 11:30PM
 #14188 3/19 11:30PM
 #14189 3/20 11:30PM
 #14190 3/21

 11:30PM
 #14191 3/22 11:30PM
 #14192 3/25 11:30PM
 #14193 3/26 11:30PM
 #14194 3/27 11:30PM
 #14195 3/28

 11:30PM
 #14196 3/29 11:30PM
 #14196 3/29 11:30PM
 #14196 3/29 11:30PM
 #14196 3/29 11:30PM

NOV A Reef Rescue #4804 3/4 9PM, 3/5 3AM, 3/6 2PM Butterfly Blueprints #4820 3/11 9PM, 3/12 3AM, 3/13 2PM Hidden Volcano Abyss #5008 3/16 7AM, 3/18 8PM, 3/19 2AM, 3/20 2PM Arctic Sinkholes #4901 3/16 8AM, 3/18 9PM, 3/19 3AM Polar Extremes #4701 3/23 7AM, 3/25 8PM, 3/26 2AM Star Chasers of Senegal #5002 3/30 8AM

Once Upon A Time In Northern Ireland It Wasnt Like A Movie Anymore #101 3/17 9PM Do Paramilitaries Lie Awake at Night? #102 3/24 9PM So Many Broken Hearts #103 3/31 9PM

Outback The Kimberley Comes Alive #101 3/1 1PM The Dry Season #102 3/1 2PM Return of the Wet #103 3/8 1PM

Outside: Beyond The Lens Alaska's Kenai River #301 3/17 1:30PM Utah's Zion and Bryce National Parks #302 3/24 1:30PM Utah Route 12 Road Trip #303 3/31 1:30PM

Pati's Mexican Table The Nectar of the Mayan Gods #1201 3/16 12:30PM Baja Breakfast #704 3/17 10AM Guayabera World #1202 3/23 12:30PM Mexican Wine Country #705 3/24 10AM Flavors of Merida #1203 3/30 12:30PM Loreto: Baia's Hidden Gem #706 3/31 10AM

PBS NewsHour #14175 3/1 3PM, 3/1 10PM #14176 3/4 3PM, 3/4 10PM #14177 3/5 3PM, 3/5 10PM #14178 3/6 3PM, 3/6 10PM #14179 3/7 3PM, 3/7 9PM #14180 3/8 3PM, 3/8 10PM #14181 3/11 3PM, 3/11 10PM #14182 3/12 3PM, 3/12 10PM #14183 3/13 3PM, 3/13 10PM #14184 3/14 3PM, 3/14 10:30PM #14185 3/15 3PM, 3/15 10PM #14186 3/18 3PM, 3/18 10PM #14187 3/19 3PM, 3/19 10PM #14188 3/20 3PM, 3/20 10PM #14189 3/21 3PM, 3/21 10PM #14190 3/22 3PM, 3/22 10PM #14191 3/25 3PM, 3/25 10PM #14192 3/26 3PM, 3/26 10PM #14193 3/27 3PM, 3/27 10PM #14194 3/28 3PM, 3/28 10PM #14195 3/29 3PM, 3/29 10PM

PBS NewsHour Weekend #2075 3/16 3PM #2076 3/17 3PM #2077 3/23 3PM #2078 3/24 3PM #2079 3/30 3PM #2080 3/31 3PM

Quilting Arts Quilting By Machine #3002 3/1 10AM Explore Design with Drawing and Color #3003 3/4 10AM Applique Two Ways #3004 3/5 10AM Free to Improvise #3005 3/6 10AM Finishing School #3006 3/7 10AM Bits and Pieces #3007 3/8 10AM Transformation with Paint #3008 3/11 10AM Shadows and Sheers #3009 3/12 10AM, 3/16 10AM Off the Wall #3010 3/13 10AM Free-Motion Quilting #3011 3/14 10AM Express Yourself #3012 3/15 10AM Beauty All 'round #3013 3/18 10AM Layers #2901 3/19 10AM, 3/23 10AM Slicing and Dicing #2902 3/20 10AM Creating Transparency #2903 3/21 10AM Exploring The Quilted Stitch #2904 3/22 10AM Back to Art School #2905 3/25 10AM The Art of Being An Artist #2906 3/26 10AM, 3/30 10AM Picture This! #2907 3/27 10AM Let's Go! #2908 3/28 10AM Contemporary Applique #2909 3/29 10AM

Rachel Carson: American Experience #2809 3/26 8PM, 3/27 2AM

RFDS: Royal Flying Doctor Service #101 3/18 Noon, 3/28 Noon #102 3/19 Noon, 3/29 Noon #103 3/20 Noon #104 3/21 Noon #105 3/22 Noon #106 3/25 Noon #107 3/26 Noon #108 3/27 Noon

Rick Steves Art of Europe Marathon 2024 3/2 6PM, 3/9 7AM

Rick Steves' Europe Art of the Early Middle Age #1205 3/16 2:30PM, 3/20 9:30PM, 3/21 3:30AM Art of the High Middle Ages #1206 3/23 2:30PM Art of the Florentine Renaissance #1207 3/30 2:30PM

Rick Steves' Festive Europe 3/9 2:30PM, 3/10 6:30PM

Rick Steves Mighty Alps 3/3 2PM, 3/9 8PM

Ricky Martin: Live Black & White Tour 3/3 5AM

Ridley Swansong, Part 1 #105 3/16 7PM, 3/17 Mid Swansong, Part 2 #106 3/23 7PM, 3/24 Mid The Numbered Days, Part 1 #107 3/30 7PM, 3/31 Mid



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Roadkill On Masterpiece *Episode One* #5049 3/6 8PM, 3/7 2AM *Episode Two* #5050 3/6 9PM, 3/7 3AM *Episode Three* #5051 3/13 8PM, 3/14 2AM *Episode Four* #5052 3/13 9PM, 3/14 3AM

Rob on the Road Region Rising - Siemens Trains #1305 3/1 9:30PM, 3/15 9:30PM, 3/16 3:30AM Region Rising: Quirina Orozco, Arik Armstead #1303 3/5 9:30PM, 3/6 3:30AM, 3/8 9:30PM, 3/11 3:30AM Region Rising - Rachel Zillner & Anne Descalzo #1308 3/19 9:30PM, 3/20 3:30AM, 3/22 9:30PM, 3/23 3:30AM Region Rising: Colorectal Cancer Awareness #1309 3/29 9:30PM, 3/30 3:30AM

Salute to Budapest and Vienna 3/3 6:30PM

Samantha Brown's Places to Love #708 3/1 12:30AM, 3/16 1PM #709 3/7 6:30PM, 3/8 12:30AM, 3/23 1PM #710 3/14 6:30PM, 3/15 Mid, 3/30 1PM *Darwin, Australia* #701 3/21 6:30PM, 3/22 12:30AM *Route 66, Illinois* #702 3/28 6:30PM, 3/29 12:30AM

Sara's Weeknight Meals Cheese Please #1205 3/1 10:30AM, 3/25 6:30PM, 3/26 12:30AM Weeknight Two for One #1206 3/4 10:30AM Vegetariano Italiano #1202 3/4 6:30PM, 3/5 12:30AM Festive Feasts #1207 3/5 10:30AM Fish Whisperers #1208 3/6 10:30AM Sketches of Spain #1209 3/7 10:30AM Southern Secrets #1210 3/8 10:30AM Havana Weeknights #901 3/11 10:30AM Pizza and Lemons: Naples to Sorrento #1203 3/11 6:30PM, 3/12 12:30AM Easy Elegance #902 3/12 10:30AM, 3/16 10:30AM Latin Twist #903 3/13 10:30AM French Eggs #904 3/14 10:30AM Ginger Mixup #905 3/15 10:30AM Meaty Salads #906 3/18 10:30AM Bounty of Parma #1204 3/18 6:30PM, 3/19 12:30AM Key West Eats #907 3/19 10:30AM, 3/23 10:30AM Americas Favorite Sandwiches #908 3/20 10:30AM Chicks Rule #909 3/21 10:30AM Mouth of the South #910 3/22 10:30AM Creole Kitchen Secrets #1001 3/25 10:30AM Snacks for Dinner #1002 3/26 10:30AM, 3/30 10:30AM 5 Ingredient Surf N' Turf #1003 3/27 10:30AM No Meat, All Flavor #1004 3/28 10:30AM When Pigs Fry #1005 3/29 10:30AM **Saving Americana: ViewFinder** The Great Lincoln Highway #2906 3/22 9PM, 3/23 3AM, 3/24 9:30AM, 3/24 3:30PM

Sharing Butte Creek: ViewFinder #2808 3/1 9PM, 3/4 3:30AM, 3/8 9PM, 3/11 3AM Sit and Be Fit Improve Your Mood #1310 3/1 5AM Tone and Stretch #1709 3/1 6:30AM Lighthearted Exercises #1311 3/4 5AM Balance Your Body #1710 3/4 6:30AM Back and Abdominal Strengthening #1312 3/5 5AM Muscle Isolations #1801 3/5 6:30AM Exercising with Accessories #1313 3/6 5AM Grow Strong Effortlessly #1802 3/6 6:30AM Somatosensory Work #1314 3/7 5AM Head to Toe - Tone, Stretch & Strengthen #1803 3/7 6:30AM Releasing Muscle Tightness #1315 3/8 5AM Pulse, Press, Pull-Up #1804 3/8 6:30AM Myofacial Relief & Gait #1316 3/11 5AM Warm Up, Circulate, Strengthen & Stretch #1805 3/11 6:30AM Keep The Fun In Functional Fitness #1317 3/12 5AM Functional Feel-Good Exercises #1806 3/12 6:30AM Variety, The Spice of Life #1318 3/13 5AM Breathing, Posture and Balance #1807 3/13 6:30AM Finger Dexterity #1319 3/14 5AM Exercise Potpourri #1808 3/14 6:30AM Happy Feet, Healthy Body #1320 3/15 5AM Core Strength and Yoga Inspired Exercises #1809 3/15 6:30AM All Systems Go! #1401 3/18 5AM Fun Exercises for the Core and More #1810 3/18 6:30AM Fit from Head to Toe #1402 3/19 5AM Music and Novelty #1601 3/19 6:30AM Sensory Awareness and Breathing #1403 3/20 5AM Imagining Resistance #1602 3/20 6:30AM Fun with the Large Ball #1404 3/21 5AM A Treat for Your Feet #1603 3/21 6:30AM Footwork and Core #1405 3/22 5AM Somatosensory and Lymphatic Systems #1604 3/22 6:30AM Controlled Breathing #1406 3/25 5AM Neglected Areas of Body #1605 3/25 6:30AM Vestibular and Core #1407 3/26 5AM Diabetes and Peripheral Neuropathy #1606 3/26 6:30AM Posture #1408 3/27 5AM Full Body Workout #1607 3/27 6:30AM Breathing #1409 3/28 5AM Brain and Balance #1608 3/28 6:30AM Back Health #1410 3/29 5AM Upbeat and Fun #1609 3/29 6:30AM

Social Security & You with Mary Beth Franklin 3/3 3:30AM, 3/9 9:30AM

Spy in the Ocean, A Nature Miniseries Deep Thinkers #101 3/16 6AM Deep Feelings #102 3/23 6AM Deep Relationships #103 3/30 6AM

Studio Sacramento *Transgender In America* #1218 3/1 8:30PM, 3/4 3AM, 3/8 8:30PM, 3/11 2:30AM #1307 3/15 8:30PM, 3/16 2:30AM, 3/16 3:30PM, 3/17 8AM #1308 3/22 8:30PM, 3/23 2:30AM, 3/23 3:30PM, 3/24 8AM *Jeff Harris* #1305 3/29 8:30PM, 3/30 2:30AM, 3/30 3:30PM, 3/31 8AM

tasteMAKERS *Triple J Shrimp* #301 3/18 6PM, 3/19 Mid, 3/31 11AM *Hildebrand Farms Dairy* #302 3/25 6PM, 3/26 Mid

Taste of History A Look Back On Ten Seasons #1013 3/1 4PM The Seed of a City #1101 3/4 4PM Eat It to Beat It #1102 3/5 4PM History on a Half Shell #1103 3/6 4PM Cuisine of the Equator #1104 3/7 4PM The Santa Fe Trail #1105 3/8 4PM Return to the Dockyard #1106 3/11 4PM America's Oldest City #1107 3/12 4PM, 3/16 4PM



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Historic Locust Grove #1108 3/13 4PM Swimming Pigs In Paradise #1109 3/14 4PM The Experiment In Zoar #1110 3/15 4PM Coastal Manabi Cuisine #1111 3/18 4PM The Galapagos Islands #1112 3/19 4PM, 3/23 4PM Copper Country #1201 3/20 4PM A Gathering on the Gulf #1202 3/21 4PM Revolutionary Cattle Drive #1203 3/22 4PM From Forest to Table #1204 3/25 4PM The French Castle on the Lake #1205 3/26 4PM, 3/30 4PM The Great Smoky Mountains #1206 3/27 4PM Bustling Bent's Fort #1207 3/28 4PM Maryland Wine #1208 3/29 4PM Tell Me More with Kelly Corrigan Arianna Huffington #609 3/17 9AM David Brooks #610 3/24 9AM Pete Buttigieg #607 3/31 9AM

The Burren: Heart of Stone Symphony of Life #101 3/17 4AM Song of Our Ancestors #102 3/17 5AM The Doo Wop Project 3/10 2PM

The Green Planet *Tropical Worlds* #101 3/24 11:30AM *Water Worlds* #102 3/24 12:30PM *Seasonal Worlds* #103 3/31 11:30AM *Desert Worlds* #104 3/31 12:30PM

The Invisible Shield The Old Playbook #101 3/28 8PM, 3/29 2AM

The Jewish Journey: America 3/9 1PM

The Lawrence Welk Show Lawrence Welk Family of Nations (Tim Padilla) #1928 3/1 6PM, 3/4 12:30AM Gold Record Hits (Michael Redman) #1929 3/8 6PM, 3/11 Mid History of the Lawrence Welk Musical Family (Larry Welk & Sons) #1930 3/15 6PM, 3/16 Mid Behind the Scenes with Our Musical Family (Jack Imel) #1931 3/22 6PM, 3/23 Mid Easter (Tom Netherton) #1932 3/29 6PM. 3/30 Mid

The Path to Happily Ever After with Rajiv Nagaich 3/2 Noon, 3/9 9:30PM

The Story of China with Michael Wood Ancestors/Silk Roads and China Ships #101 3/17 5PM, 3/18 Mid Golden Age/The Ming #102 3/24 5PM, 3/25 Mid The Last Empire/The Age of Revolution #103 3/31 5PM

This Land Is Your Land (My Music Presents) 3/10 5PM

This Old House Westerly | The Open Concept #3903 3/1 8:30AM, 3/12 11:30AM The New Kitchen Is Coming Together #2913 3/1 11:30AM, 3/4 11:30AM Westerly | Raise A Second Story #3904 3/4 8:30AM, 3/13 11:30AM Westerly | Decking for Beginners #3905 3/5 8:30AM, 3/14 11:30AM Interior Painting Primer and Fabricating Our New Countertops #2914 3/5 11:30AM Westerly | Return to Paradise #3906 3/6 8:30AM, 3/15 11:30AM Is The Island Too Big? #2915 3/6 11:30AM Westerly | The Doors #3907 3/7 8:30AM, 3/18 11:30AM The Finished Project #2916 3/7 11:30AM Westerly | Tanks for the Propane #3908 3/8 8:30AM, 3/19 11:30AM Westerly | A Ranch Out Westerly #3901 3/8 11:30AM Westerly | Rockin' The Granite #3909 3/11 8:30AM, 3/20 11:30AM Westerly | Chimney Down and Walls Up #3902 3/11 11:30AM Westerly | Pining for Old Pine #3910 3/12 8:30AM, 3/21 11:30AM Westerly | Save The Flagpole #3911 3/13 8:30AM, 3/22 11:30AM Westerly | Seaside Transformation #3912 3/14 8:30AM, 3/25 11:30AM Paradise | Paradise Lost #3913 3/15 8:30AM, 3/26 11:30AM Paradise | Out of the Ashes #3914 3/18 8:30AM, 3/27 11:30AM Paradise | No Pain No Gain #3915 3/19 8:30AM, 3/28 11:30AM Paradise | Paradise Strong #3916 3/20 8:30AM, 3/29 11:30AM Cape Ann | Cape Ann Shingle Style #3917 3/21 8:30AM Cape Ann | Between A Rock and Hardwood #3918 3/22 8:30AM Cape Ann | Losing Our Truss #3919 3/25 8:30AM Cape Ann | Hard Work Ahead #3920 3/26 8:30AM Cape Ann | Shingled Out #3921 3/27 8:30AM Cape Ann | Tiling Is A Family Affair #3922 3/28 8:30AM Cape Ann | Window On Restoration #3923 3/29 8:30AM Today's Wild West #601 3/17 4PM #602 3/24 4PM #603 3/31 4PM

Vienna Blood The God of Shadows Part 2 #304 3/16 6PM, 3/16 11PM Death Is Now A Welcome Guest Part 1 #305 3/23 6PM, 3/23 11PM Death Is Now A Welcome Guest Part 2 #306 3/30 6PM, 3/30 11PM

Walkin' West: Emigrant Wilderness Hike: ViewFinder #3004 3/29 9PM, 3/30 3AM, 3/31 9:30AM, 3/31 3:30PM **Welcome to My Farm** *Let There Be Light* #207 3/4 6PM, 3/5 Mid *Ice Ice Baby* #208 3/11 6PM, 3/12 Mid *Maine Maple Sunday* #101 3/12 6PM, 3/13 Mid *Strawberries Forever* #102 3/19 6PM, 3/20 Mid *The Chicks Are Coming!* #103 3/26 6PM, 3/27 Mid

Wider World #2422 3/17 6AM #2423 3/24 6AM #2424 3/31 6AM

Wild Nevada Tahoe Winter Fun #511 3/17 4:30PM Best of Season 5 #512 3/24 4:30PM Alamo to Caliente #401 3/31 4:30PM

Yellowstone Symphony 3/3 11:30AM, 3/9 2AM, 3/9 3AM

Yoga In Practice Cultivate Self-Respect #209 3/1 6AM Allow Yourself to Soar #210 3/4 6AM Become An Able Vessel #211 3/5 6AM The Inner Fire of Transformation #212 3/6 6AM Honor Your Inner Beauty #213 3/7 6AM Connect to Your Softer Side #301 3/8 6AM Simplicity, Patience, Compassion - Chair Yoga #302 3/11 6AM What Makes You Come Alive? #303 3/12 6AM A Moving Meditation - Gravity and Direction #304 3/13 6AM With Each



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Step I Arrive #305 3/14 6AM Learning to Take A Leap #306 3/15 6AM Open, Steady, and Patient #307 3/18 6AM Becoming Your Best Self #308 3/19 6AM Lather, Rinse, Repeat #309 3/20 6AM I Like Who I Become When I Try #310 3/21 6AM Plant A Good Garden #311 3/22 6AM From The Complex to the Simple - Chair Yoga #312 3/25 6AM The Sweetness of Learning to Let Go - Restorative Yoga #313 3/26 6AM Love Yourself As You Are #401 3/27 6AM How to Get Going #402 3/28 6AM It's Not What You do, But How You Do It #403 3/29 6AM Young Forever With Mark Hyman, M.D. 3/9 5:30AM