

June 2023 — KVIE2 Programs Alpha Order All Broadcasts Page 1 of 8

Created 6/01/23. Occasionally, KVIE makes changes to its schedule that would cause some of the below information to change.

Please visit kvie.org/schedule for the most up-to-date information.

60s Pop, Rock & Soul (My Music Presents) 6/11 4:30PM

'70's Soul Superstars (My Music) 6/3 6PM

Aging Backwards 2 with Miranda Esmonde-White 6/36AM

Aging Backwards 4: The Miracle of Flexibility With Miranda Esmonde-White 6/3 5PM

 Amanpour and Company
 #5239 6/1 4AM
 #5240 6/2 4AM
 #5242 6/6 4AM
 #5243 6/7 4AM
 #5244 6/8

 4AM
 #5245 6/9 4AM
 #5247 6/13 4AM
 #5248 6/14 4AM
 #5249 6/15 4AM
 #5250 6/16 4AM
 #5251 6/17

 4AM, 6/18 6:30AM
 #5252 6/20 4AM
 #5253 6/21 4AM
 #5254 6/22 4AM
 #5255 6/23 4AM
 #5256 6/24

 4AM, 6/25 6:30AM
 #5257 6/27 4AM
 #5258 6/28 4AM
 #5259 6/29 4AM
 #5260 6/30 4AM

American Masters Little Richard: The King and Queen of Rock and Roll #3408 6/8 1PM, 6/11 4AM Amy Tan: Unintended Memoir #3403 6/18 4PM, 6/18 11:30PM Ballerina Boys #3309 6/22 8PM, 6/23 2AM

American Woodshop The Barn Shop / Building on a Budget! / Scrolled Signs #2701 6/19 8AM Shaker Inspired Tall Case Maple Clock #2702 6/20 8AM Tri-Leg Triangular Seat with Turned Tapered Legs #2703 6/21 8AM Elegant Jewelry Chest / Make Your Gifts #2704 6/22 8AM Sculpting Furniture / Maloof-Inspired Hard Line #2705 6/23 8AM Faceplate Turning for Everyone! #2706 6/26 8AM Carving American Folk Art / Sharpening Tips #2707 6/27 8AM Storage Ottoman with Dominoes #2708 6/28 8AM Building A Better Bookcase #2709 6/29 8AM Mid-Century Modern Nightstand with Jaida! #2710 6/30 8AM

America's Heartland #1507 6/18 12:30PM #1508 6/25 12:30PM

America's Home Cooking: When In Rome 6/3 7AM, 6/10 11AM

America's Test Kitchen Unexpected Salads #2226 6/11AM Summer Dinner for Two #2123 6/15PM Farmers' Market Fare #2124 6/25PM Grilled Cheese and Tomato Soup #2125 6/55PM Elegant French Desserts #2126 6/65PM Turkey Two Ways #2201 6/75PM, 6/77PM, 6/81AM Plant-Based Perfection #2202 6/85PM, 6/147PM, 6/151AM French Chicken and Potatoes #2203 6/95PM, 6/217PM, 6/221AM Prime Rib and Popovers #2204 6/125PM, 6/287PM, 6/291AM Bulgogi and Bokkeumbap #2205 6/135PM, 6/175PM Jewish Baking #2206 6/145PM Shrimp, Fast and Slow #2207 6/155PM Italian-Inspired Dinners #2208 6/165PM Irish Staples #2209 6/195PM Shareable Spanish Fare #2210 6/205PM, 6/245PM Holiday Dessert and Salad #2211 6/215PM Vindaloo and Chana Masala #2212 6/225PM Springtime Feast #2213 6/235PM Ode to Armenia #2214 6/265PM Breakfast with a Kick #2215 6/275PM Quick Fish Dinners #2216 6/285PM Italian Bites #2217 6/295PM Perfectly Fried Seafood #2218 6/305PM

Ancient Skies Gods and Monsters #101 6/6 8PM, 6/7 2AM Finding The Center #102 6/13 8PM, 6/14 2AM Our Place in the Universe #103 6/20 8PM, 6/21 2AM

Animal Babies: First Year On Earth *First Steps* #101 6/12 7PM, 6/13 1AM, 6/18 3AM *Testing Limits* #102 6/12 8PM, 6/13 2AM, 6/18 4AM *New Frontiers* #103 6/12 9PM, 6/13 3AM, 6/18 5AM

Antiques Roadshow Little Rock, Hour One #2004 6/5 1PM, 6/10 4AM Little Rock, Hour Two #2005 6/5 2PM, 6/11 3PM Little Rock, Hour Three #2006 6/12 1PM Charleston, Hour One #2007 6/12 2PM Charleston, Hour Two #2008 6/17 5AM, 6/18 7PM, 6/19 2:30AM, 6/19 1PM Charleston, Hour Three #2009 6/19 2PM Tucson, Hour One #2010 6/24 5AM, 6/25 7PM, 6/26 2AM, 6/26 1PM

Asian Americans Breaking Through #105 6/18 6PM, 6/19 1:30AM

Ask This Old House Installing A Shade Sail Over A Deck In Santa Fe/Installing a Hybrid Water Heater to Save Energy #1205 6/1 8:30AM, 6/1 11:30AM Replacing A Leaky Skylight/Repairing A Noisy Toilet #1206 6/2 8:30AM, 6/2 11:30AM Planting A Maple Tree/Working On An Underground Bathroom #1207 6/5 8:30AM, 6/5 11:30AM Preparing for Severe Weather #1208 6/6 8:30AM, 6/6 11:30AM Demonstrating Uses for a Router/Replacing An Air Conditioning Unit #1209 6/7 8:30AM, 6/7 11:30AM Installing an Irrigation System in New Mexico/Installing a Heat-Pump Water Heater #1210 6/8 8:30AM, 6/8 11:30AM Installing Crown Molding in Seattle/Replacing a Rotted Fence Post #1211 6/9 8:30AM, 6/9 11:30AM Installing a Whole-House Humidifier in North Carolina/Installing Hardwired Smoke and Carbon Monoxide Detectors #1212 6/12 8:30AM, 6/12 11:30AM Waffle Gardening In Santa Fe/Adding Mechanical Dampers to a Forced-Air Heating System #1213 6/13 8:30AM, 6/13 11:30AM Window, Robotic Mower, Lead #1501 6/14 8:30AM, 6/14 11:30AM Fire Prevention, Strainer #1502 6/15 8:30AM, 6/15 11:30AM Bookshelf, Foundation Plants #1503 6/16 8:30AM, 6/16 11:30AM Circuit, Table Saw, Fireplace Insert #2125 6/18 2:30PM Water Heater, Home Orchard #1504 6/19 8:30AM, 6/19 11:30AM Molding Raceway, Deck Board #1505 6/20 8:30AM, 6/20 11:30AM Hvac Zoning, Plaster Patch #1506 6/21 8:30AM, 6/21 11:30AM Reclaimed Bench, Robotic Wall #1507 6/22 8:30AM, 6/22 11:30AM Laundry, 3-Way Switch, Saw #1508 6/23



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8:30AM, 6/23 11:30AM Sawmill, Bar Top #2126 6/25 2:30PM Microgreens, Wheelchair Lift #1509 6/26 8:30AM. 6/26 11:30AM Wood Shop, Wireless Switch #1510 6/27 8:30AM, 6/27 11:30AM Bluestone, Mead, Wire Splices #1511 6/28 8:30AM, 6/28 11:30AM Radiator, Saws, Garage Lights #1512 6/29 8:30AM, 6/29 11:30AM Rooftop Garden, Stains, Shed #1513 6/30 8:30AM, 6/30 11:30AM

Baking with Julia #213 6/1 Mid #301 6/7 6PM, 6/8 Mid #302 6/14 6PM, 6/15 Mid Marcel Desaulniers #105 6/17 11AM #303 6/21 6PM, 6/22 Mid Gale Gand #106 6/24 11AM #304 6/28 6PM, 6/29 Mid

Baseball The Capital of Baseball #107 6/18 9PM A Whole New Ball Game #108 6/25 9PM

BBC News Episode 8 #3808 6/1 11PM #3810 6/2 11PM Episode 12 #3812 6/5 11PM Episode 14 #3814 6/6 11PM #3816 6/7 11PM Episode 18 #3818 6/8 11PM Episode 20 #3820 6/9 11PM #3822 6/12 11PM Episode 24 #3824 6/13 11PM Episode 26 #3826 6/14 11PM #3828 6/15 11PM Episode 30 #3830 6/16 11PM Episode 32 #3832 6/19 11PM #3834 6/20 11PM Episode 36 #3836 6/21 11PM Episode 38 #3838 6/22 11PM #3840 6/23 11PM Episode 42 #3842 6/26 11PM Episode 44 #3844 6/27 11PM #3846 6/28 11PM Episode 48 #3848 6/29 11PM Episode 50 #3850 6/30 11PM

Becoming Frederick Douglass 6/3 11:30AM

Below The Belt: The Last Health Taboo 6/26 9PM, 6/27 3AM

Benise: Fiesta! 6/10 8PM

Best of the Joy of Painting Old Country Mill #3904 6/19:30AM Snowy Morn #3905 6/29:30AM After The Rain #3906 6/5 9:30AM Stormy Seas #3907 6/6 9:30AM Cabin at Trail's End #3908 6/7 9:30AM Mighty Mountain Lake #3909 6/8 9:30AM Splendor of Winter #3910 6/9 9:30AM Cliffside #3911 6/12 9:30AM Dimensions #3912 6/13 9:30AM, 6/17 9:30AM Forest Edge #3913 6/14 9:30AM Deep Wilderness Home #3914 6/15 9:30AM New Day's Dawn #3915 6/16 9:30AM Waterfall Wonder #3916 6/19 9:30AM Hidden Winter Moon Oval #3917 6/20 9:30AM, 6/24 9:30AM Valley of Tranquility #3918 6/21 9:30AM Seascape Fantasy #3919 6/22 9:30AM Autumn Fantasy #3920 6/23 9:30AM Winter Bliss #3921 6/26 9:30AM Mountain Rhapsody #3922 6/27 9:30AM Wintertime Discovery #3923 6/28 9:30AM Haven in the Valley #3924 6/29 9:30AM Days Gone By #3925 6/30 9:30AM

Betty White: First Lady of Television 6/3 4:30AM

Big Pacific Mysterious #101 6/18 1PM Violent #102 6/25 1PM

Biz Kid\$ A Biz: What Is It? #107 6/1 9AM How to Succeed In Biz-Ness By Really Trying! #108 6/2 9AM Cash and Credit #109 6/5 9AM How to Achieve Your Financial Goals #110 6/6 9AM Don't Blow Your Dough #111 6/7 9AM Introducing Entrepreneurs #112 6/8 9AM The Biz Kids Challenge #113 6/9 9AM How to Be A Smart Consumer #114 6/12 9AM Using Your Credit-Crazy Or Compelling? #115 6/13 9AM, 6/17 9AM Budgeting Basics #116 6/14 9AM Understanding Business Ethics #117 6/15 9AM Saving and Investing for Your Future #118 6/16 9AM A Closer Look at Financial Careers #119 6/19 9AM Money Moves (Global Economy) #120 6/20 9AM, 6/24 9AM Bulls, Bears, and Financial Markets #121 6/21 9AM Sell, Sell, Sell (The Science of Sales) #122 6/22 9AM Understanding Income and Expenses #123 6/23 9AM Building and Growing A Business #124 6/26 9AM Understanding Your Paycheck #125 6/27 9AM Social Entrepreneurs #126 6/28 9AM Have A Plan, Stan! #201 6/29 9AM Money Math - Who Needs It? #202 6/30 9AM

Black Broadway: A Proud History, A Limitless Future 6/47PM

Bob Dvlan - Live In Newport 1963-1965 6/11 2:30AM

Breakfast with the Bread Monk 6/11 10:30AM

Breakthrough: The Ideas That Changed The World The Telescope #101 6/14 1PM

British Beat (My Music) 6/4 4PM

California's Gold Things That Came Back #1005 6/2 7PM, 6/5 1AM Trestle #1006 6/2 7:30PM, 6/5 1:30AM Muscle Beach #1007 6/9 7PM, 6/12 1AM Wine #1008 6/9 7:30PM, 6/12 1:30AM Flying Fish #1009 6/16 7PM, 6/17 1AM, 6/18 11:30AM Devil's Postpile #1011 6/16 7:30PM, 6/17 1:30AM, 6/18 Noon Abalone #1012 6/23 7PM, 6/24 1AM, 6/25 11:30AM Lompoc Mural #1010 6/23 7:30PM, 6/24 1:30AM, 6/25 Noon Smartsville #11001 6/30 7PM,

Carole King: Home Again - Live In Central Park 6/11 9AM

Celebrity Antiques Road Trip James Bolam and Susan Jameson #412 6/5 4AM Rory McGrath and Steve Punt #413 6/12 4AM Christopher Timothy and Patrick Robinson #414 6/26 4AM

Chef's Life Ramp-Ing Up to Spring #212 6/111AM Eggs A Dozen Ways #213 6/211AM Eggs Two Dozen Ways #214



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6/5 11AM Stop, Squash and Roll #301 6/6 11AM Pretty In Peach #302 6/7 11AM Gettin' Figgy with It #303 6/8 11AM Pickle Perfect #304 6/9 11AM Prickly Business #305 6/12 11AM Two-Mato #501 6/12 6PM, 6/13 Mid If You Can't Beet Em.... #306 6/13 11AM A Casserole Says Plenty #307 6/14 11AM Honey, I'm Home! #308 6/15 11AM They Call 'em 'bagas #309 6/16 11AM Gone Clamming, Part I #310 6/19 11AM Shake, Rattle, and Pole (Beans) #502 6/19 6PM, 6/20 Mid Gone Clamming, Part II #311 6/20 11AM What's Your Beef? #312 6/21 11AM One Potato, New Potato #313 6/22 11AM Onions and Avetts #401 6/23 11AM My Watermelon Baby #402 6/26 11AM Prolific Peppers #503 6/26 6PM, 6/27 Mid Peas, Please #403 6/27 11AM Stand By Your Cabbage #404 6/28 11AM Cabbage's Last Stand #405 6/29 11AM More Than One Way to Skin A Catfish #407 6/30 11AM Christina Cooks: Back to the Cutting Board La Dolce Vita #309 6/6 6:30PM, 6/7 12:30AM Never Enough

Christina Cooks: Back to the Cutting Board *La Dolce Vita* #309 6/6 6:30PM, 6/7 12:30AM *Never Enough Pasta* #310 6/13 6:30PM, 6/14 12:30AM *Mangia Fagioli* #311 6/20 6:30PM, 6/21 12:30AM *A Life of Wellness* #312 6/27 6:30PM, 6/28 12:30AM

Christopher Kimball's Milk Street Television Breakfast Baking #613 6/11:30AM Favorite Chicken Soups #614 6/7 7:30PM, 6/8 1:30AM The Pies of Yelapa #615 6/14 7:30PM, 6/15 1:30AM Milk Street Pantry Staples #616 6/21 7:30PM, 6/22 1:30AM The Best Falafel #617 6/28 7:30PM, 6/29 1:30AM

Classical Stretch: By Essentrics Spine Strengthening #1409 6/15:30AM #1304 6/17:30AM, 6/20 5:30AM Full Body Workout #1410 6/25:30AM #1305 6/27:30AM, 6/215:30AM Glute & Hip Stretch #1411 6/55:30AM #1306 6/57:30AM, 6/225:30AM Spine Flexibility #1412 6/65:30AM #1307 6/67:30AM, 6/235:30AM Glute Toning #1413 6/75:30AM #1308 6/77:30AM, 6/265:30AM Hip Strengthening #1414 6/85:30AM #1309 6/87:30AM, 6/275:30AM Zero Impact Cardio #1415 6/95:30AM #1310 6/97:30AM, 6/285:30AM Hip & Glute Strengthening #1416 6/125:30AM #1311 6/127:30AM, 6/295:30AM Improve Your Balance #1417 6/135:30AM #1312 6/137:30AM, 6/305:30AM Waist Toning #1418 6/145:30AM #1313 6/147:30AM #1301 6/155:30AM #1314 6/157:30AM #1302 6/165:30AM #1315 6/167:30AM #1303 6/195:30AM #1316 6/197:30AM #1317 6/207:30AM #1318 6/217:30AM Full Body Alignment #1401 6/227:30AM Hamstring Stretches #1402 6/237:30AM Upper Back Strength #1403 6/267:30AM Improve Your Posture #1404 6/277:30AM Leg Toning #1405 6/287:30AM Upper Back & Posture #1406 6/297:30AM Back Pain Relief #1407 6/307:30AM

Cook's Country Chuck Roast and Potatoes #1514 6/112:30AM Beef Kebabs and Cheese Bread #1303 6/1 5:30PM Grilled Chicken, Two Ways #1304 6/2 5:30PM Tacos Two Ways #1305 6/5 5:30PM Bread, Cheese and Meat Can't Be Beat #1306 6/6 5:30PM Herbaceous Chicken and Potatoes #1307 6/7 5:30PM Saucy Italian-Inspired Dinners #1515 6/7 6:30PM, 6/8 12:30AM Italian Comfort Food #1308 6/8 5:30PM Chicken and Biscuits #1309 6/9 5:30PM Pennsylvania Dutch Country #1310 6/12 5:30PM Motor City Favorites #1311 6/13 5:30PM Never Enough Chocolate #1312 6/14 5:30PM Pork Roast and Orange Cake #1516 6/14 6:30PM, 6/15 12:30AM Spring Feast #1313 6/15 5:30PM Fried Bites #1401 6/16 5:30PM, 6/17 5:30PM Roast Chicken and Salad #1402 6/19 5:30PM, 6/24 5:30PM Summer Berry Desserts #1403 6/20 5:30PM Carne Guisada and Enchiladas #1404 6/21 5:30PM #1517 6/21 6:30PM, 6/22 12:30AM One-Pot Meals #1405 6/22 5:30PM Italian-American Comforts #1406 6/23 5:30PM Regional Sandwich Roundup #1407 6/26 5:30PM Thanksgiving, Simplified #1408 6/27 5:30PM Paprikash and Stroganoff #1409 6/28 5:30PM #1518 6/28 6:30PM, 6/29 12:30AM Pork, Peaches and Potatoes #1410 6/29 5:30PM French Fare #1411 6/30 5:30PM

Craft In America Quilts #1101 6/15 1PM Identity #1102 6/15 2PM

Curious Traveler Curious Lofoten, Norway #510 6/1 7PM, 6/2 1AM Curious Historic Villages of Portugal #511 6/8 7PM, 6/9 1AM Curious Northern Norway #512 6/15 7PM, 6/16 1AM Curious Manchester #404 6/17 1:30PM Curious Hong Kong: Culture & Traditions #405 6/24 1:30PM

Deepak Chopra: Becoming Metahuman 6/10 5:30AM
Deepak Chopra: Your Path to Enlightenment 6/3 1:30AM

Doobie Brothers: 50th Anniversary at Radio City Music Hall 6/4 9PM

Dr. Fuhrman's End Dieting Forever! 6/11 6AM

DW Focus On Europe #4125 6/18 7:30AM #4126 6/25 7:30AM

Easy Yoga: The Secret to Strength and Balance with Peggy Cappy 6/4 Noon

Energy Switch Could Artificial Intelligence Change Energy? #206 6/6 7:30PM, 6/7 1:30AM Environmental Impacts of Energy On Land #207 6/13 7:30PM, 6/14 1:30AM The Future of Batteries, Part 1 #208 6/20 7:30PM, 6/21 1:30AM The Future of Batteries, Part 2 #209 6/27 7:30PM, 6/28 1:30AM

Finding Your Roots Songs of the Past #808 6/6 1PM Hidden in the Genes #801 6/18 8PM, 6/19 3:30AM, 6/20



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1PM Forgotten Journeys #807 6/25 8PM, 6/26 3AM, 6/27 1PM

Firing Line with Margaret Hoover #649 6/2 8PM, 6/5 2AM #650 6/9 8PM, 6/12 2AM #651 6/16 8PM, 6/17 2AM, 6/18 8:30AM #652 6/23 8PM, 6/24 2AM, 6/25 8:30AM #701 6/30 8PM

Frankie Valli & The Four Seasons: A Life On Stage 6/10 1AM

From The Heart: A Tribute to Lawrence Welk & The American Dream 6/10 6PM

FRONTLINE After Uvalde: Guns, Grief & Texas Politics #4116 6/18PM, 6/22AM Putin and the Presidents #4110 6/88PM, 6/92AM America's Dangerous Trucks #4115 6/158PM, 6/162AM Crime Scene: Bucha #4107 6/298PM, 6/302AM

Gene: An Intimate History Episode One #101 6/7 8PM, 6/8 2AM Episode Two #102 6/14 8PM, 6/15 2AM **Grantchester On Masterpiece** Season 7, Episode 1 #5229 6/17 6PM, 6/17 10:24PM Season 7, Episode 2 #5230 6/17 7PM, 6/17 11:24PM Season 7, Episode 3 #5231 6/24 6PM, 6/24 10:33PM Season 7, Episode 4 #5232 6/24 7PM, 6/24 11:33PM

Gut Check: Hope for Ultimate Health with Brenda Watson 6/3 11PM

Happy Yoga with Sarah Starr Lake Forest #905 6/17AM Flowering Sunset #906 6/27AM Ocean Breeze #907 6/57AM Summer Sunflower Storm #908 6/67AM Sunset Bloom #909 6/77AM Peaceful Lake Beauty #910 6/87AM Desert Bloom #301 6/97AM Golden Sunset #302 6/127AM Beach Cove #303 6/137AM Mt. Grandeur #304 6/147AM Serene Tide Pools #305 6/157AM Cascading Paradise #306 6/167AM Ocean Sunset #307 6/197AM Desert Rock #308 6/207AM Boulder Valley #309 6/217AM Ocean Spray #310 6/227AM Sunny Brook #401 6/237AM Golden Monet #402 6/267AM Waterfall Haven #403 6/277AM Blooming Sunset #404 6/287AM Desert Gold #405 6/297AM Luminous Sunset #406 6/307AM

Help! We Bought A Village #110 6/17 8PM, 6/18 12:24AM

Hope for Healing; The Power of Stem Cells: ViewFinder #2908 6/29 7:30PM, 6/30 1:30AM, 6/30 9PM How She Rolls A Very Carrie Christmas #210 6/5 6PM, 6/6 Mid

Human: The World Within React #101 6/21 8PM, 6/22 2AM Pulse #102 6/21 9PM, 6/22 3AM Fuel #103 6/28 8PM, 6/29 2AM Defend #104 6/28 9PM, 6/29 3AM

Impossible Builds Ice World #104 6/13 1PM Skinny Skyscraper #105 6/13 2PM, 6/24 8AM

In Julia's Kitchen with Master Chefs Roberto Donna #101 6/17 11:30AM Jasper White #102 6/24 11:30AM Ireland with Michael Alive, Alive O #106 6/1 6PM, 6/2 Mid The Rose of Mooncoin #201 6/8 6PM, 6/9 Mid Waterford Treasures #202 6/15 6PM, 6/16 Mid The Kerry Dances #203 6/22 6PM, 6/23 Mid The Galway Girl #204 6/29 6PM, 6/30 Mid

Italy Made with Love 6/10 2:30AM

Jesse Cook: Beyond Borders 6/10 Mid, 6/11 8PM

Joanne Weir's Plates and Places Toe-Tappin' Tempranillo #406 6/1 4:30PM Greek Island Picnic #407 6/2 4:30PM Beloved Italian Chef #408 6/5 4:30PM Chef Popi's Moussaka Lesson #409 6/6 4:30PM Hungry for Hungary #410 6/7 4:30PM Very Viennese #411 6/8 4:30PM Fabulous Francis #412 6/9 4:30PM

John Sebastian's Folk Rewind (My Music Presents) 6/3 3PM

Joseph Rosendo's Travelscope Zambia - Bush & River Safari #1106 6/17 2PM Halloween In Ireland's Ancient East #1201 6/24 2PM

Joyful Pain Free Living with Lee Albert 6/10 3PM

Joy of Painting Marathon 6/10 9AM

Julia Child - Cooking with Master Chefs Emeril Lagasse #101 6/12 4:30PM Michel Richard #102 6/13 4:30PM Patrick Clark #103 6/14 4:30PM Lidia Bastianich #104 6/15 4:30PM Charles Palmer #105 6/16 4:30PM Amy Ferguson-Ota #106 6/19 4:30PM Robert Del Grande #107 6/20 4:30PM Jean-Louis Palladin #108 6/21 4:30PM Susan Feniger and Mary Sue Milliken #109 6/22 4:30PM Jacques Pepin and Julia Child #110 6/23 4:30PM Jeremiah Tower #111 6/26 4:30PM Jan Birnbaum and Lidia Bastianich #112 6/27 4:30PM Andre Soltner #113 6/28 4:30PM Nancy Silverton #114 6/29 4:30PM Jacques Pepin #115 6/30 4:30PM

Lidia Celebrates America Flavors That Define Us #1001 6/6 2PM

Lidia's Kitchen Timing Is Everything #1001 6/17 Noon Carry On Tradition #1002 6/24 Noon

Life of Loi: Mediterranean Secrets Breakfast The Greek Way #113 6/6 6PM, 6/7 Mid Honey, Honey #106 6/17 4PM The Miracle Ingredient: Tomato Paste #107 6/24 4PM

Lucy Worsley's Royal Myths & Secrets Henry Viii's Reformation #104 6/1 1PM Kings George III and IV & The



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Napoleonic War #105 6/1 2PM

Lucy Worsley's Royal Palace Secrets 6/22 2PM Lucy Worsley's Royal Photo Album 6/23 2PM

Make48 Follow Our Winning Team On Industry Field Trip!, PT. 1 #409 6/18AM Follow Our Winning Team On Industry Field Trip!, PT 2 #410 6/28AM Time to Meet The Teams #501 6/58AM Time for An Idea #502 6/68AM Time for Supplies #503 6/78AM Time to Get Some Feedback #504 6/88AM Time to Get Working! #5056/98AM Time Is Running Out! #506 6/128AM Time to Put Down Your Tools! #507 6/138AM Time for a Winner! #508 6/148AM Time to Hear from the Professionals #509 6/158AM Time for a Wrap Up! #510 6/168AM

Margaret: The Rebel Princess Part One #101 6/30 1PM Part Two #102 6/30 2PM

Mary Berry's Country House Secrets Powderham Castle #103 6/24 8PM, 6/25 12:33AM

Mavis Staples at Symphony Center, Chicago 6/10 9:30PM

Miriam and Alan: Lost In Scotland #201 6/17 9:33PM, 6/18 1:57AM #202 6/24 9:45PM, 6/25 2:18AM

Monty Python's Best Bits Celebrated 6/4 1PM, 6/11 10:30PM

Moveable Feast with Relish #208 6/6 7PM, 6/7 1AM, 6/25 11AM #209 6/13 7PM, 6/14 1AM #207 6/18 11AM #210 6/20 7PM, 6/21 1AM

My Greek Table with Diane Kochilas Flavors of the Athenian Art Scene #413 6/1 10:30AM You Say Tomato, I Say Domata #202 6/1 4PM, 6/5 10:30AM Aegean Cuisine #201 6/2 10:30AM Beans for Humanity #203 6/2 4PM, 6/6 10:30AM Ancient Greece for Modern Cooks #204 6/5 4PM, 6/7 10:30AM Greek Yogurt for Breakfast, Lunch and Dinner #205 6/6 4PM, 6/8 10:30AM Taste the Music: The Aromatic Cuisine of the Asian Minor Greeks #206 6/7 4PM, 6/9 10:30AM Kalimera! Breakfast and Brunch #207 6/8 4PM, 6/12 10:30AM Chewing The Sea #208 6/9 4PM, 6/13 10:30AM, 6/17 10:30AM Lemon, Oregano & Smoke - The Greek Grill #209 6/12 4PM, 6/14 10:30AM Greek Comforts #210 6/13 4PM, 6/15 10:30AM Tears of Joy! - Retsina #211 6/14 4PM, 6/16 10:30AM The Athens Vibe #212 6/15 4PM, 6/19 10:30AM Hercules Table #213 6/16 4PM, 6/20 10:30AM, 6/24 10:30AM Food Secrets of Mykonos #301 6/19 4PM, 6/21 10:30AM The Athenian Riviera #302 6/20 4PM, 6/22 10:30AM Tinos: Ancient Marble, Timeless Flavors #303 6/21 4PM, 6/23 10:30AM The Navarino Challenge #304 6/22 4PM, 6/26 10:30AM Tasty Teardrops and Tomatoes: Chios #305 6/23 4PM, 6/27 10:30AM Naxos: Meat & Potatoes Like You Never Had'em #306 6/26 4PM, 6/28 10:30AM A Meal In Messinia #307 6/27 4PM, 6/29 10:30AM Evia - An Island Hiding In Plain Sight #308 6/28 4PM, 6/30 10:30AM The Culinary Tapestry of Corfu #309 6/29 4PM Saving The Earth On Paros #310 6/30 4PM

Nature Pandas: Born to Be Wild #3801 6/5 7PM, 6/6 1AM, 6/7 1PM Cuba's Wild Revolution #3713 6/17 6AM, 6/19 7PM, 6/20 1AM, 6/21 1PM The Ocean's Greatest Feast #4007 6/24 6AM, 6/26 7PM, 6/27 1AM, 6/28 1PM Newsline #13306 6/1 11:30PM #13307 6/2 11:30PM #13308 6/5 11:30PM #13309 6/6 11:30PM #13310 6/7 11:30PM #13311 6/8 11:30PM #13312 6/9 11:30PM #13313 6/12 11:30PM #13314 6/13 11:30PM #13315 6/14 11:30PM #13316 6/15 11:30PM #13317 6/16 11:30PM #13318 6/19 11:30PM #13319 6/20 11:30PM #13320 6/21 11:30PM #13321 6/22 11:30PM #13322 6/23 11:30PM #13323 6/26 11:30PM #13324 6/27 11:30PM #13325 6/28 11:30PM #13326 6/29 11:30PM, 6/30 11:30PM

NOVA Why Ships Crash #4909 6/7 2PM Operation Lighthouse Rescue #4313 6/14 2PM Back to the Moon #4611 6/17 7AM, 6/19 8PM, 6/20 2AM, 6/21 2PM Rise of the Rockets #4605 6/17 8AM, 6/19 9PM, 6/20 3AM, 6/22 1PM Why Bridges Collapse #4618 6/24 7AM, 6/26 8PM, 6/27 2AM, 6/28 2PM

Pain Secrets: The Science of Everyday Pain 6/4 2AM

Pati's Mexican Table The World Cup of Tacos #1103 6/17 12:30PM Quiero Mas Tacos #1010 6/18 10AM Maestros Del Pan #1104 6/24 12:30PM The Fire Kings #1101 6/25 10AM

PBS NewsHour #13840 6/1 3PM, 6/1 10PM #13841 6/2 3PM, 6/2 10PM #13842 6/5 3PM, 6/5 10PM #13843 6/6 3PM, 6/6 10PM #13844 6/7 3PM, 6/7 10PM #13845 6/8 3PM, 6/8 10PM #13846 6/9 3PM, 6/9 10PM #13847 6/12 3PM, 6/12 10PM #13848 6/13 3PM, 6/13 10PM #13849 6/14 3PM, 6/14 10PM #13850 6/15 3PM, 6/15 10PM #13851 6/16 3PM, 6/16 10PM #13852 6/19 3PM, 6/19 10PM #13853 6/20 3PM, 6/20 10PM #13854 6/21 3PM, 6/21 10PM #13855 6/22 3PM, 6/22 10PM #13856 6/23 3PM, 6/23 10PM #13857 6/26 3PM, 6/26 10PM #13858 6/27 3PM, 6/27 10PM #13859 6/28 3PM, 6/28 10PM #13860 6/29 3PM, 6/29 10PM #13861 6/30 3PM, 6/30 10PM

PBS NewsHour Weekend #1901 6/17 3PM #1902 6/18 3PM #1903 6/24 3PM #1904 6/25 3PM



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Pizza Night with Father Dom $\,6/3\,10\,\text{AM}$

Prideland 6/25 6PM, 6/26 1AM, 6/27 2PM

Psychedelics and Healing : ViewFinder #2907 6/22 7:30PM, 6/23 1:30AM, 6/23 9PM, 6/24 3AM, 6/25 9:30AM, 6/25 3:30PM

Queen Elizabeth's Secret Agents #101 6/26 Noon, 6/29 Noon #102 6/27 Noon, 6/30 Noon #103 6/28 Noon **Queer Silicon Valley** 6/25 5PM, 6/26 Mid

Quilting Arts It's Crazy #2812 6/1 10AM Shapes #2813 6/2 10AM Layers #2901 6/5 10AM Slicing and Dicing #2902 6/6 10AM Creating Transparency #2903 6/7 10AM Exploring The Quilted Stitch #2904 6/8 10AM Back to Art School #2905 6/9 10AM The Art of Being An Artist #2906 6/12 10AM Picture This! #2907 6/13 10AM, 6/17 10AM Let's Go! #2908 6/14 10AM Contemporary Applique #2909 6/15 10AM Paint and Dye #2910 6/16 10AM Surface Design Sampler #2911 6/19 10AM Artful Imagery #2912 6/20 10AM, 6/24 10AM Exploring Color #2913 6/21 10AM Terrific Texture #2601 6/22 10AM Natural Element #2602 6/23 10AM Creating Imagery #2603 6/26 10AM Machine Stitching #2604 6/27 10AM Variety of Materials #2605 6/28 10AM Colorful Details #2606 6/29 10AM In The Studio #2607 6/30 10AM

Reba McEntire: My Chains Are Gone: Hymns and Gospel Favorites 6/4 2:30PM

Rick Steves' Europe Why We Travel #1108 6/9 9:30PM, 6/12 3:30AM Germany's Dresden and Leipzig #902 6/17 2:30PM Germany's Frankfurt and Nurnberg #903 6/24 2:30PM

Rick Steves Fascism In Europe 6/10 4:30PM, 6/11 1:30PM

Rick Steves Island Hopping Europe 6/3 10:30PM

Rick Steves Why We Travel 6/3 9AM, 6/4 6PM

Riverdance 25th Anniversary Show 6/11 12:30AM

River's End: California's Latest Water War 6/25 4PM, 6/25 11PM

Rob on the Road A Decade of Destinations â€" Day Trips #1034 6/2 9:30PM, 6/5 3:30AM Hearst Castle and Ranch #508 6/16 9:30PM, 6/17 3:30AM, 6/19 4:30AM A Decade of Destinations - Best of California Parks #1022 6/23 9:30PM, 6/24 3:30AM My Favorite Getaways #503 6/30 9:30PM

Roy Orbison & Friends - A Black and White Night 6/11 6:30PM

Ruby Ridge: American Experience #2904 6/20 2PM

Samantha Brown's Places to Love The Jersey Shore and More #502 6/1 6:30PM, 6/2 12:30AM Genesee River Valley, Ny #503 6/8 6:30PM, 6/9 12:30AM Houston, Texas #504 6/15 6:30PM, 6/16 12:30AM Louisville & Bourbon County, Ky #505 6/17 1PM, 6/22 6:30PM, 6/23 12:30AM Colorado Springs, Colorado #506 6/24 1PM, 6/29 6:30PM, 6/30 12:30AM

Sara's Weeknight Meals Suns Out, Buns Out #1008 6/5 6:30PM, 6/6 12:30AM Basta Pasta: Us Vs Italy #1009 6/12 6:30PM, 6/13 12:30AM From The Latin Kitchen #1010 6/19 6:30PM, 6/20 12:30AM Alaskan Salmon Two Ways #1101 6/26 6:30PM, 6/27 12:30AM

Saving Americana: ViewFinder *The Great Lincoln Highway* #2906 6/15 7:30PM, 6/16 1:30AM, 6/16 9PM, 6/17 3AM, 6/18 9:30AM, 6/18 3:30PM

Searching: Our Quest for Meaning in the Age of Science The Stars & The Ospreynone #101 6/6 9PM, 6/7 3AM The Big & The Small #102 6/13 9PM, 6/14 3AM Homo Techno #103 6/20 9PM, 6/21 3AM

Secrets of Henry Viii's Palace 6/2 1PM

Secrets of Her Majesty's Secret Service 6/29 2PM

Secrets of Selfridges 6/29 1PM

Secrets of the Tower of London 6/9 1PM Secrets of Underground London 6/9 2PM

Sit and Be Fit Strong Back Strong Core #1304 6/15AM, 6/156:30AM Breathing #1214 6/16:30AM Neuromuscular Coordination #1305 6/25AM, 6/166:30AM Stretching #1215 6/26:30AM Release Tension Through Exercise #1306 6/55AM, 6/196:30AM Relaxation #1216 6/56:30AM Strengthening Muscles & Joints #1307 6/65AM, 6/206:30AM Maintain Independence #1217 6/66:30AM A Healthy Back #1308 6/75AM, 6/216:30AM Resistance Exercises #1218 6/76:30AM Better Balance #1309 6/85AM, 6/226:30AM Feel Your Best #1219 6/86:30AM Improve Your Mood #1310 6/95AM, 6/236:30AM Fundamental Moves: #1220 6/96:30AM Lighthearted Exercises #1311 6/125AM, 6/266:30AM Kinesthetic Awareness #1301 6/126:30AM Back and Abdominal Strengthening #1312 6/135AM, 6/276:30AM Static Balance #1302 6/136:30AM Exercising with



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Accessories #1313 6/14 5AM, 6/28 6:30AM Pelvic & Ribcage Mobility #1303 6/14 6:30AM Somatosensory Work #1314 6/15 5AM, 6/29 6:30AM Releasing Muscle Tightness #1315 6/16 5AM, 6/30 6:30AM Myofacial Relief & Gait #1316 6/19 5AM Keep The Fun In Functional Fitness #1317 6/20 5AM Variety, The Spice of Life #1318 6/21 5AM Finger Dexterity #1319 6/22 5AM Happy Feet, Healthy Body #1320 6/23 5AM All Systems Go! #1401 6/26 5AM Fit from Head to Toe #1402 6/27 5AM Sensory Awareness and Breathing #1403 6/28 5AM Fun with the Large Ball #1404 6/29 5AM Footwork and Core #1405 6/30 5AM

Spy in the Wild, A Nature Miniseries *The Tropics* #201 6/25 3:05AM *The North* #202 6/25 4:02AM *The Islands* #203 6/25 5AM

Steven Raichlen's Planet Barbecue Argentine Fire #101 6/27 7PM, 6/28 1AM

Struggle and Success: ViewFinder Sacramento's LGBTQ+ Communities Then and Now #2821 6/8 7:30PM, 6/9 1:30AM, 6/9 9PM, 6/12 3AM

Studio Sacramento #1217 6/16 8:30PM, 6/17 2:30AM, 6/17 3:30PM, 6/18 8AM #1218 6/23 8:30PM, 6/24 2:30AM, 6/24 3:30PM, 6/25 8AM *Finding Your Roots - Lead Genealogist* #1211 6/30 8:30PM

Supernature - Wild Flyers Defying Gravity #101 6/1 Noon Masters of the Sky #102 6/2 Noon

Surviving Disasters with Les Stroud 6/4 5:30AM

Suze Orman's Ultimate Retirement Guide 6/4 8:30AM, 6/10 7AM

Tales from the Royal Bedchamber 6/2 2PM

Tell Me More with Kelly Corrigan Michael Lewis #501 6/18 9AM Constance Wu #502 6/25 9AM

The Best of Pasquale Esposito 6/3 Mid

The Doo Wop Project 6/4 12:30AM

The Fab Four: The Ultimate Beatles Tribute 6/3 3:30AM, 6/11 8AM

The Great Age Reboot 6/4 10:30AM

The Great American Recipe #1 Were A Recipe #101 6/5 Noon, 6/15 Noon The Daily Dish #102 6/6 Noon, 6/16 Noon Love Language #103 6/7 Noon, 6/19 Noon Moveable Feasts #104 6/8 Noon, 6/20 Noon Party on a Plate #105 6/9 Noon, 6/21 Noon Mix It Up #106 6/12 Noon, 6/22 Noon Family #107 6/13 Noon, 6/23 Noon The Great American Recipe #108 6/14 Noon, 6/23 1PM #201 6/26 2PM

The Green Planet *Tropical Worlds* #101 6/1 9PM, 6/2 3AM *Water Worlds* #102 6/8 9PM, 6/9 3AM *Seasonal Worlds* #103 6/15 9PM, 6/16 3AM *Desert Worlds* #104 6/22 9PM, 6/23 3AM *Human Worlds* #105 6/29 9PM, 6/30 3AM

The Jewish Journey: America 6/11 9PM

The Lawrence Welk Show The Great Gershwin #1842 6/2 6PM, 6/5 Mid Country and Western #1843 6/9 6PM, 6/12 Mid Harry Warren Salute #1844 6/16 6PM, 6/17 Mid Carnival #1845 6/23 6PM, 6/24 Mid Henry Mancini - Johnny Mercer #1846 6/30 6PM

The Mysteries of Mental Illness Rise and Fall of the Asylum #103 6/1 2AM The New Frontiers #104 6/1 3AM The Path to Happily Ever After with Rajiv Nagaich 6/4 7AM, 6/10 11PM

The Seven Ages of Elvis 6/3 8:30PM

The Travelling Auctioneers Louise and Paul #110 6/17 8:47PM, 6/18 1:11AM Jennifer & Richard #111 6/24 9PM, 6/25 1:33AM

This Old House Ipswich | Look-Alike #4425 6/18 2PM Ipswich | A Period Restoration #4426 6/25 2PM Tommy Emmanuel, CGP: Accomplice Live! 6/11 Noon

Tutankhamun: Allies & Enemies Episode 1 #101 6/27 8PM, 6/28 2AM Episode 2 #102 6/27 9PM, 6/28 3AM Ultimate Pet Health Guide with Dr. Gary Richter 6/4 4AM

Victoria & Albert: The Wedding Episode: 1 #101 6/16 1PM Episode: 2 #102 6/16 2PM Walkin West: ViewFinder Yosemite #2905 6/17:30PM, 6/2 1:30AM, 6/2 9PM, 6/5 3AM Washington Week #6249 6/2 8:30PM, 6/5 2:30AM #6250 6/9 8:30PM, 6/12 2:30AM

When We Were Shuttle 6/5 8PM, 6/6 2AM

Wider World #2335 6/18 6AM #2336 6/25 6AM

Wild Rivers with Tillie Rogue River - America's Classic Wild & Scenic River #101 6/22 7PM, 6/23 1AM The Grand Canyon: A World Treasure at Risk #102 6/29 7PM, 6/30 1AM

Wine First *Lisbon & Alentejo, Portugal* #201 6/13 6PM, 6/14 Mid *Mosel Valley* #101 6/17 4:30PM, 6/18 10:30AM *Douro, Portugal* #202 6/20 6PM, 6/21 Mid *Rheingau* #102 6/24 4:30PM, 6/25 10:30AM *Michigan, USA* #203



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6/27 6PM, 6/28 Mid

Yoga In Practice The Dance of Confidence #208 6/16AM Cultivate Self-Respect #209 6/26AM Allow Yourself to Soar #210 6/56AM Become An Able Vessel #211 6/66AM The Inner Fire of Transformation #212 6/76AM Honor Your Inner Beauty #213 6/86AM Connect to Your Softer Side #301 6/96AM Simplicity, Patience, Compassion - Chair Yoga #302 6/126AM What Makes You Come Alive? #303 6/136AM A Moving Meditation - Gravity and Direction #304 6/146AM With Each Step I Arrive #305 6/156AM Learning to Take A Leap #306 6/166AM Open, Steady, and Patient #307 6/196AM Becoming Your Best Self #308 6/206AM Lather, Rinse, Repea #309 6/216AM I Like Who I Become When I Try #310 6/226AM Plant A Good Garden #311 6/236AM From The Complex to the Simple - Chair Yoga #3126/266AM The Sweetness of Learning to Let Go - Restorative Yoga #3136/276AM Love Yourself As You Are #4016/286AM How to Get Going #4026/296AM It's Not What You do, But How You Do It #4036/306AM

Young Forever with Mark Hyman, Md 6/3 1PM, 6/4 10:30PM, 6/10 1PM